



Programme for Empowerment training module (Pilot training)

Kick-off Seminar, 7-8 June 2018

Diaconal centre Liepaja, Latvia

7 June 2018

1st day:

Emphasis on the support groups for people with disabilities in the region of Liepaja

Aim:

a) to introduce the empowerment concept and the action learning method for future training,

b) to look for ways how to implement the empowerment concept and the action learning method in the practice of the support groups

10.00: Welcome and introduction

10.30 – 11.30: Empowerment training and action learning

11.30 – 13.00: The support groups for people with disabilities share their experience with their activities and/or micro projects (Barta / Durbe / Grobina / / Liepaja / Priekule / Rucava)

13.00: Lunch

o. Lunch

13.45 - 14.45: Group work

14.45 – 15.30: Group work presentations and discussion.

Preparation work for 2nd training and action learning.

15.30: Visit to a place of a support group





8 June 2018

2nd day:

Emphasis on the social service providers in the region of Liepaja

Aim:

- a) to introduce the empowerment concept and the action learning method for future training,
- b) to initiate professional discussion on how we understand the end-user group from their perspective and how it can be used in service delivery practice (case of Denmark)
- c) to look for ways how to implement the empowerment concept and the action learning method in the practice of the local service providers

10.00: Welcome and introduction

10.30 – 11.00: Empowerment training and action learning

11.00 - 12.00: Understanding our end-user groups (introducing the international qualification of functional disability and health, other measures), social model and services (practices)

12.00 - 13.00: The social service providers share their experience (social workers from different institutions and municipalities)

13.00: Lunch

13.45 – 14.45: Group work

14.45 – 15.30: Group work presentations and discussion.

Preparation work for 2nd training and action learning.

15.30: Visit in an institution (e.g. social care home llgi)





Kick-Off Workshop in Liepaja

On the 7th and the 8th of June 2018 The Diaconia in Liepaja, Latvia had a kick off seminar/a workshop on empowerment and an introduction to Action Learning. A representative from the Danish Partnership was invited to lead the workshop.

The participants represented social workers, employes from the local administration of social service, voluntary support groups and end users.

There was a nearly similar programme for the two days. On the first day the primary emphasis was on the support groups for people with disabilities. On the second day the emphasis was primary on the social service providers. Some of the participants from the first day also joined day two. It became



very clear, that those who decided to join both days had a much greater outcome.

The aim for the two days was:

Day 1: To introduce the Empowerment concept and the Action learning method for the future training. To look for ways how to implement the Empowerment concept and the AL method in the practice of the support groups.

Day 2: To introduce the Empowerment concept and the Action learning method for the future training. To initiate professional discussion on how we understand the end user group from their perspective and how it can be used in service delievery practice. To look for ways how to implement the Empowerment concept and the AL method in the practice of the local service providers.

During the workshop it became very clear that the participants found it very interesting and important that they had a possibility to share their experiences with others.

On the first day the participants found it difficult to work with stage one and two in the Action learning method. It worked better on the second day. The working proces was mainly initiated and supported



by the participants who had also joined the first day. An overall reflection could be to plan the workshop with a timeframe on two days.

The group planed concrete actions to carry out in their daily practice and it was decided that they would stay in contact and meet again for further training. The Diaconie of Liepaja took responability on that part. They would send out reminders and plan the next workshop.

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