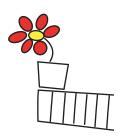


## WHAT IS CO-STANZA?

Roots and routes for people in transition











An intimate atmosphere, that feels like your second home



An infant and baby care area





## HOW DID EVERYTHING START?







Working is less hard if it's shared by many

Omero





# **Target**

# From 0 to 99 years old!

# Current users: 85% WOMEN (between 30 and 40 years old)

Women (employed and unemployed), freelancers, young people, associations, people just gone through situations of psychological and socio-economic distress, migrants





#### BABY CHANGING Map R00M WC MULTIFUNCTIONAL AREA CHILDREN R00M GARDEN MANAGEMENT RELAX AND BREAST-FEEDING CORNER KITCHEN COWORKING LIBRARY AND PSYCHO-SOCIAL INDIPENDENT HELPDESK SOCIAL CORNER **OFFICE** WC STAFF AREA COWORKING INDIPENDENT **OFFICE** RECEPTION **OPEN SPACE**

WELCOME

#Interprofessional cooperation network

#Time #quality

#saving

#Infant and baby care area

#Relations

# The coworking space that changes not only your work but even your life!

#Work

#Multidisciplinary working group

#Support





#Affordable well-being

#Intergeneration #interculture #gender #environment #Social and professional orientation

# The coworking space for social innovation

# Timebanking

#Aggregation centre

#Social microprojects incubator







### COWORKING + BABY AREA

Desk and/or independent office

Conference room, training, workshops

Registered office and postal address

Secreteriat service

Specialized consultancy

Work orientation

Training courses

## WHAT WE OFFER

# CULTURAL ACTIVITIES

Parental support

User support desk

Labs for children and adults

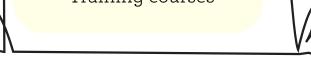
Playground and vacation campus

Private parties and other events

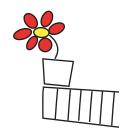
Homework support and language courses

Cultural promotion

Ethical purchasing group







# FIELDS OF INTERVENTION AND ACTIONS





### **PSYCHO-SOCIAL AREA**

Elaboration of an intervention plan - insured by one or more professionals - monitoring, and feedback.

An open, consolidated multidisciplinary working group

A free user support desk for a personalized response and support plan

A Psycho-Solidarity Centre (CPS)





### **EDUCATION AND PROFESSIONAL ORIENTATION**

An individual or group program or both, aimed at making a conscious choice taking into account talents, interests and real opportunities.

### **Programs for PEOPLE**

outgoing from situations of socioeconomic and psychological distress:

- · abused women
- mono-parental families
- migrants

### **Programs for COMPANIES**

to manage the post-maternity periods of their employees:

- soft skills
- · role replacement
- enhancement and empowerment of women's talent





### **INCUBATOR FOR MICRO-PROJECTS**

Support to the creation, launch and development of social innovation projects.

- 1. **Analysis** of the proposal (potential, competitors and innovation)
- 2. Development of **skills** (recognizing the value, specificity and limits of the professional figures involved to identify the complementary skills needed)
- 3. Creation of a **work team** (involvement of professionals and training on networking)
- 4. Targeting an integrated intervention **methodology** and the right **strategy** to launch the service





### **WORK-LIFE BALANCE**

Flexible services, all available in a single space, to encourage your personal growth – human, professional, cultural, social – without giving up the participation to the well-being of your family members.

Training centre and parental support

Well-being and free time

A space for aggregation, cultural promotion and awareness on social issues

For **companies**: an integrated system of non-monetary services that allows to improve the company's productivity and the employees' well-being at the same time, by increasing their spending power and bettering their working and private life.





### CO-STANZA Human Resources

### Our professionals

Designer and communication expert



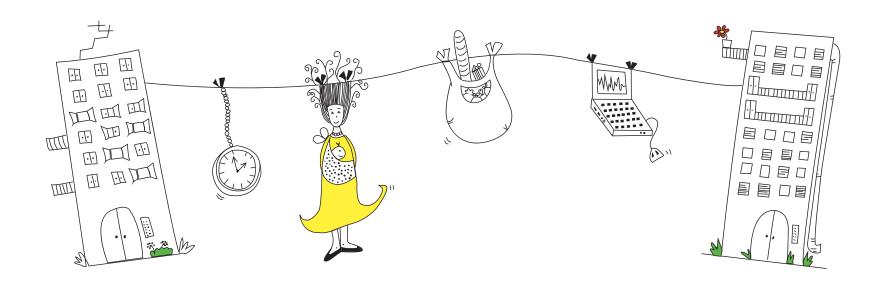
Sports coaches



Artists:
musicians,
painters, tailors,
circus
professionals

Psychotherapists, pedagogists, speech therapists, neuropsychomotricists, osteopaths, dietitians, counselors, professional educators, language teachers, lawyers.





Associazione Co-Cò
Spazio CO-STANZA
Via del Ponte alle Mosse,
32-38 rosso - Firenze

Phone: +39 055 2741095

www.spaziocostanza.it info@spaziocostanza.it