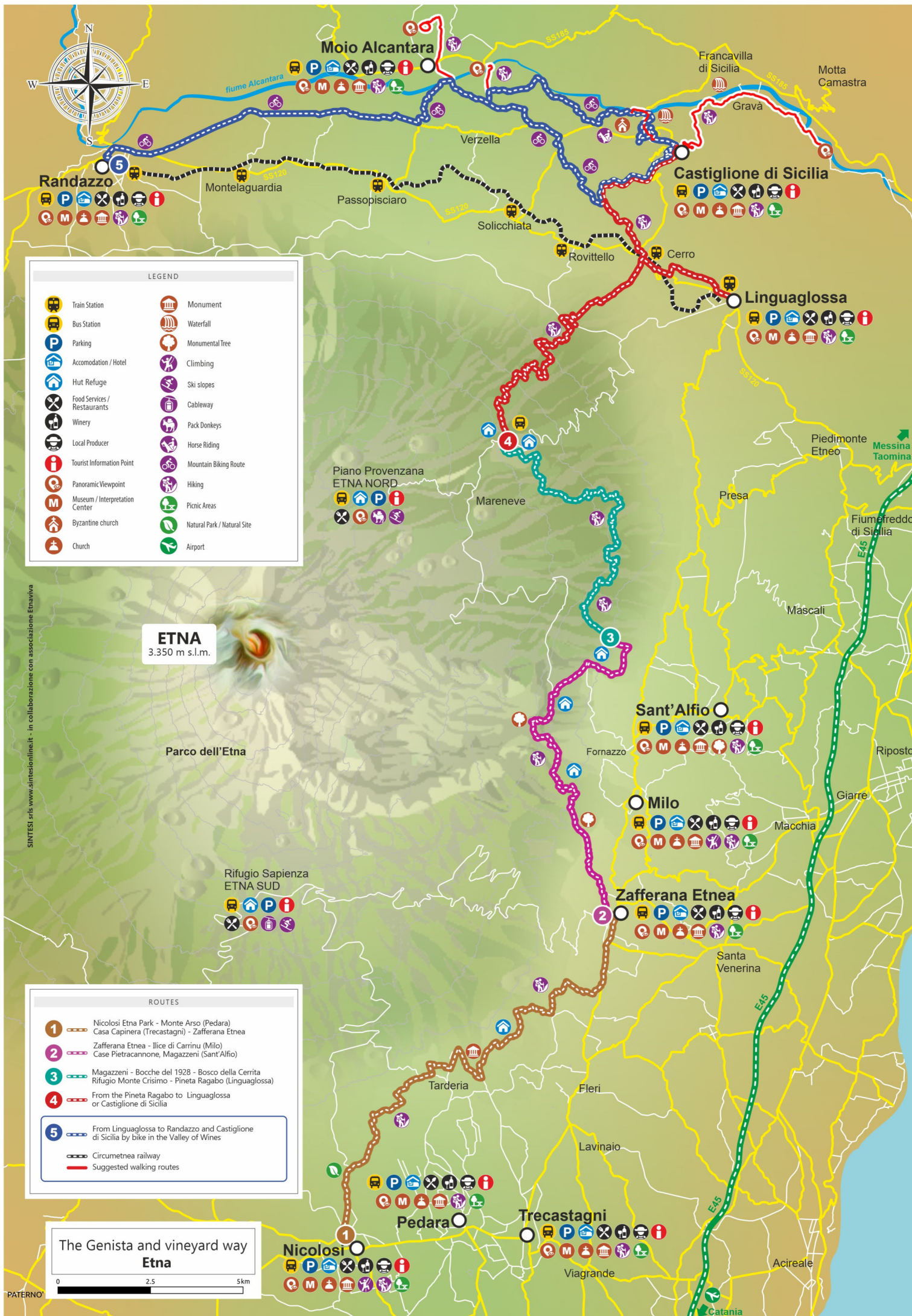
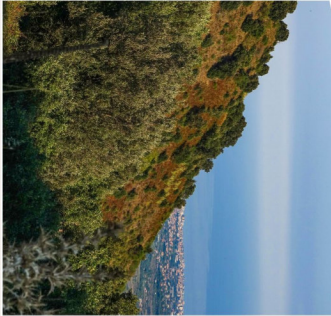




1 Nicolosi Etna Park
Monte Arso (Pedara)
Casa Capinera (Trecastagni)
Zafferana Etna

Route: Medium difficulty
Duration: 5 hours
Height: 980 m
Lenght: 16,5 km



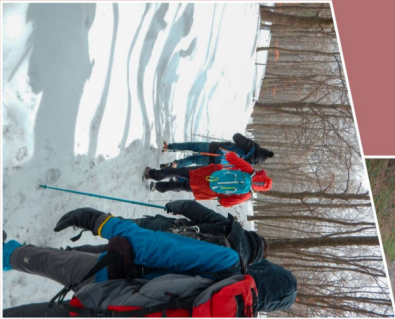
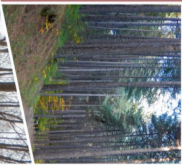
2 Zafferana Etna
Illice di Carriinu (Milio)
Case Pietraccanore
Magazzani (Sant'Alfio)

Route: Medium difficulty
Duration: 4,5 hours
Height: 1200 m
Lenght: 13 km



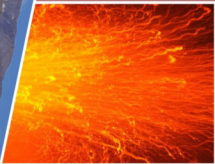
3 Magazzani (Sant'Alfio)
Bocche del 1928 - Bosco della Cerrita
Rifugio Monte Crisno
Pineia Ragabo (Linguaglossa)

Route: Medium difficulty
Duration: 4,5 hours
Height: 1420 m
Lenght: 13 km



4 From the Pineia Ragabo
to Linguaglossa
or Castiglione di Sicilia

Route: Medium difficulty
Duration: 5,5/6,5 hours
Height: 980 m
Lenght: 19 km up to
Castiglione
17 km up to
Linguaglossa



5 From Linguaglossa
to Randazzo and Castiglione di Sicilia
by bike in the Valley of Wines

Route: Medium difficulty
Lenght: 23/55 km

