Air Pollution and Health Effects Role and Perspectives of Simulation-Based Approaches

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Applied Mathematical Modelling 65 (2019) 52-71



A dynamic evaluation framework for ambient air pollution monitoring



Ranran Li, Yuqi Dong, Zhijie Zhu*, Chen Li, Hufang Yang





QUALITÀ DELL'ARIA - DATI VALIDATI

Dati Validati - Provincia di Treviso

Bollettino del NO₂ **PM10** 03 SO2 30/09/2019 max giorn. media max gio Dati riferiti al media giorn. max ora max ora max ora mob. 8h 29/09/2019 mob. 8h conc. conc. conc. conc. conc. conc. Tipo IQA Ubicazione ora sup. ora sup. sup. ora sup. $(\mu g/m^3)$ $(\mu g/m^3)$ $(\mu g/m^3)$ (µg/m³) stazione $(\mu g/m^3)$ (mg/m^3) 45 TV - Strada S. Agnese TU 32 20 20 < 3 0.1 ----Pederobba -BU 28 19 -22 5 0.2 -Conegliano BU 45 19 20 16 91 14 81 -TV - Via Lancieri di Novara BU 73 21 16 42 98 15 84 -BRU 7 18 19 41 101 16 82 Mansue -

Archivio storico bollettini

Informazioni sull'indice di qualità dell'aria (IQA)

I valori riportati in tabella possono, sporadicamente, subire modifiche a seguito di verifiche eseguite trimestralmente sulle serie più lunghe di dati

Legenda

- IQA Indice di qualità dell'aria
- O Buona
- Accettabile
- O Mediocre
- Scadente
- Pessima
- Indice non calcolabile

Air Pollution and Human Health

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Air pollution is a problem of growing importance; public interest seems to have risen faster than the level of pollution in recent years. Presidential messages and news stories have reflected the opinion of scientists and civic leaders that pollution must be abated. This concern has manifested itself in tightened local ordinances (and, more importantly, in increased enforcement of existing ordinances), in federal legislation, and in extensive research to find ways of controlling the emission of pollutants from automobiles and smokestacks. Pollutants are natural constituents of the air. Even without man and his technology, plants, animals, and natural activity would cause some pollution. For example, animals vent carbon dioxide, volcanic action produces sulfur oxides, and wind movement insures that there will be suspended particulates; there is no possibility of removing all pollution from the air. Instead, the problem is one of balancing the need of polluters to vent residuals against the damage suffered by society as a result of the increased pollution (1). To find an optimum level, we must know the marginal costs and marginal benefits associated with abatement. This article is focused on measuring one aspect of the benefit of pollution abatement.

Polluted air affects the health of human beings and of all animals and plants (2). It soils and deteriorates

SCIENCE, 1970, vol. 169, pp. 723-733.

property, impairs various production processes (for example, the widespread use of "clean rooms" is an attempt to reduce contamination from the air). raises the rate of automobile and airline accidents (3), and generally makes living things less comfortable and less happy. Some of these effects are quite definite and measurable, but most are ill-defined and difficult to measure. even conceptually. Thus, scientists still disagree on the quantitative effect of pollution on animals, plants, and materials. Some estimates of the cost of the soiling and deterioration of property have been made, but the estimates are only a step beyond guesses (4). We conjecture that the major benefit of pollution abatement will be found in a general increase in human happiness or improvement in the "quality of life," rather than in one of the specific, more easily measurable catego

benefit?

Ulrike Gehring¹ and Gerard H. Koppelman ^{©2,3}



Improvements in air quality: whose lungs

EDITORIAL ENVIRONMENT AND THE LUNG

being outside when the air is healthy. That's why I use w.gov for text alerts about my local air quality."

have COPD, ASTHMA, or HEART DISEASE, learn more protecting your health.

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Data Analysis and Estimation Mathematical Modeling (Stochastic) simulation

Decision Making Tools







Macro and Micro-Evidence





Surrogate Markers





MDPI

Article

Effects of Fine Particulate Matter ($PM_{2.5}$) on Systemic Oxidative Stress and Cardiac Function in $ApoE^{-/-}$ Mice

Yiling Pei¹, Rongfang Jiang¹, Yunzeng Zou², Yu Wang³, Suhui Zhang³, Guanghe Wang⁴, Jinzhuo Zhao^{1,*} and Weimin Song^{1,*}

Groups	EF	FS	LVESd	LVEDd	LVPWd	LVAWd
C57BL/6 + saline	57.21 ± 12.11	30.38 ± 8.16	3.14 ± 0.73	4.46 ± 0.63	0.69 ± 0.14	0.75 ± 0.12
$C57BL/6 + PM_{2.5}$ (3)	54.04 ± 7.06	28.12 ± 4.73	3.4 ± 0.21	4.73 ± 0.30	0.62 ± 0.07	0.70 ± 0.09
$C57 BL/6 + PM_{2.5}$ (10)	53.74 ± 13.40	28.19 ± 8.96	3.19 ± 0.56	4.43 ± 0.31	0.64 ± 0.12	0.69 ± 0.09
C57 BL/6 + PM _{2.5} (30)	50.21 ± 7.32	25.49 ± 4.69	3.28 ± 0.37	4.4 ± 0.24	0.57 ± 0.09	0.63 ± 0.08
$ApoE^{-/-} + saline$	67.69 ± 9.07	37.76 ± 7.34	2.57 ± 0.45	4.1 ± 0.28	0.74 ± 0.05	0.87 ± 0.18
$ApoE^{-/-} + PM_{2.5}$ (3)	72.57 ± 6.93 ^{a,b}	41.49 ± 6.37 ^{a,b}	2.27 ± 0.43	3.84 ± 0.38	0.70 ± 0.07	0.78 ± 0.06
$ApoE^{-/-} + PM_{2.5}$ (10)	74.76 ± 8.20 ^{a,b}	43.16 ± 6.75 ^{a,b}	2.52 ± 0.61	3.89 ± 0.66	0.77 ± 0.07	0.84 ± 0.08
$ApoE^{-/-} + PM_{2.5}$ (30)	67.67 ± 12.25	37.97 <u>+</u> 9.35	2.51 ± 0.75	3.98 ± 0.65	0.80 ± 0.18 $^{\mathrm{a}}$	0.96 ± 0.30 a

Table 4. Echocardiography changes in experimental groups after PM_{2.5} exposure.

Table 4 Echocardiography changes in experimental groups after exposed to PM_{2.5}. The doses were 0 (control), 3, 10, and 30 mg/kg b.w., respectively. Significant difference (^a p < 0.05) between PM_{2.5} group and control group, significant difference (^b p < 0.05) between C57BL/6 and dose-matched ApoE^{-/-} mice.

In this study, acute exposure to PM2.5 was associated with increased oxidative stress, an imbalance in cardiac autonomic control, and an abnormal ECG type of myocardial ischemia and hypoxia in mice.



Long-term Air Pollution Exposure and Acceleration of Atherosclerosis and Vascular Inflammation in an Animal Model

Qinghua Sun, MD, PhD	Context Recent studies have suggested a link between inhaled particulate matter
Aixia Wang, BS	exposure in urban areas and susceptibility to cardiovascular events; however, the pre-
Ximei Jin, BS	cise mechanisms remain to be determined.

	Normal Chow, Mean (SD)			High-Fat Chow, Mean (SD)		
	Filtered Air (n = 8)	PM _{2.5} (n = 8)	P Value*	Filtered Air (n = 6)	PM _{2.5} (n = 6)	P Value*
Weight, g Before exposure	20 (2)	20 (1)	<.001	20 (1)	21 (1)	<.001
After exposure	27 (3)	28 (2)	<.001	34 (7)	33 (5)	<.001
Lipids, mg/dL† Cholesterol	850.6 (94.0)	783.4 (88.1)	<.001	1257.8 (82.2)	1314.8 (296.3)	.007
Triglycerides	513.4 (208.8)	506.8 (251.9)	.80	502.2 (170.7)	444.7 (95.5)	.15

Abbreviation: PM_{2.5}, concentrated ambient particles of less than 2.5 µm.

SI conversions: To convert cholesterol to mmol/L, multiply by 0.0259; triglycerides to mmol/L, multiply by 0.0113.

*Differences between 2 group observations were compared with *t* test.

†After exposure to either PM2.5 or filtered air in mice fed normal or high-fat chow.

In an animal model of apoE–/– mice, exposure to environmentally relevant concentrations of regional northeastern PM2.5 accelerates atherosclerosis.

PM2.5 exposure also attenuates responsiveness to an endothelium-dependent agonist and heightens vasoconstrictor responsiveness.

Additionally, vascular inflammation and protein nitration are prominent aspects of PM2.5-mediated effects on the vasculature.





HDL-cholesterol and cardiovascular disease: rethinking our approach

Hasan K. Siddiqi, Daniel Kiss, and Daniel Rader

Purpose of review

A low level of plasma high density lipoprotein cholesterol (HDL-C) is a strong and independent risk factor for atherosclerotic cardiovascular disease (ASCVD). However, several large studies recently revealed that pharmacologic interventions that increase HDL-C concentration have not improved cardiovascular outcomes when added to standard therapy. In addition, specific genetic variants that raise HDL-C levels are not clearly associated with reduced risk of coronary heart disease. These observations have challenged the 'HDL hypothesis' that HDL-C is causally related to ASCVD and that intervention to raise HDL-C will reduce ASCVD events. This article will present the current data on the HDL hypothesis and provide a revised paradigm of considering HDL in the atherosclerotic pathway.

Recent findings

Recent evidence has shed light on the complex nature of HDL-C metabolism and function. There are compelling data that the ability of HDL to promote cholesterol efflux from macrophages, the first step in the 'reverse cholesterol transport' (RCT) pathway, is inversely associated with risk for ASCVD even after controlling for HDL-C. This has led to the 'HDL flux hypothesis' that therapeutic intervention that targets macrophage cholesterol efflux and RCT may reduce risk. Preclinical studies of such interventions show promise and early phase clinical studies, though small, are encouraging.

Summary

The role of HDL-C in modulating atherosclerotic disease is as yet uncertain. However, new findings and therapies targeting HDL-C show early promise and may provide an important intervention in attenuating the burden of ASCVD in the future.







Ecological Outcome studies

Poisson – based models for counts Aggregate effects on outcomes Epidemiological Risk Models

 $\log(\mu) = \beta X$



Fig. 1. – Relative risks (RR) and (95% confidence limits) for daily admissions for COPD, for each city, associated with a 50 μ g·m⁻³ increase in pollutant. Summary estimate from meta-analysis shown as Meta (F) = fixed effects model or Meta (R) = random effects model. Abscissa show beta-coefficient for log of admissions. The circled area is proportional to the weight attributed to each city in the meta-analysis. a) 24 h sulphur dioxide; b) 24 h black smoke; c) total suspended particulates; d) 24 h nitrogen dioxide; e) 8 h ozone. Lag: effects may be on the same day or lagged up to 3 days (ozone 5 days).

Eur Respir J 1997; 10: 1064–1071 DOI: 10.1183/09031936.97.10051064 Printed in UK - all rights reserved Copyright ©ERS Journals Ltd 199 European Respiratory Journal ISSN 0903 - 1936

Air pollution and daily admissions for chronic obstructive pulmonary disease in 6 European cities: results from the APHEA project

H.R. Anderson*, C. Spix**, S. Medina***, J.P. Schouten+, J. Castellsague++, G. Rossi++, D. Zmirou*, G. Touloumi*, B. Wojtyniak***, A. Ponka*, L. Bacharova**, J. Schwartz***, K. Katsouyanni* Details of each city's methods have been reported previously [13–17]. From routine sources, daily counts of emergency hospital admissions for ICD9 490 (unspecified bronchitis), 491 (chronic bronchitis), 492 (emphysema) and 496 (chronic airways obstruction) were obtained. For the purpose of this analysis, these four codes comprise COPD. In Barcelona, data collection was part of a special project. The admissions covered



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Individual – Population Based Models



Association between air pollution and ventricular arrhythmias (in high-risk patients (ARIA study): a multicentre longitudinal study

Franco Folino, Gianfranco Buia, Gabriele Zanotto, Elena Marras, Giuseppe Allocca, Diego Vaccari, Gianni Gasparini, Emanuele Bertaglia, Franco Zoppo, Vittorio Calzolari, Rene Nangah Suh, Barbara Ignatiuk, Corrado Lanera, Alessandro Benassi, Dario Gregori, Sabino Iliceto

Summarv

Background Although the effects of air pollution on mortality have been clearly shown in many epidemiological and Lancet Planet Health 2017 observational studies, the pro-arrhythmic effects remain unknown. We aimed to assess the short-term effects of air 1:e58-64 pollution on ventricular arrhythmias in a population of high-risk patients with implantable cardioverter-defibrillators (ICDs) or cardiac resynchronisation therapy defibrillators (ICD-CRT).

See Comment page e50 Department of Cardiac Thoracic and Vascular Sciences.

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Clinical Health Records

ARIA Study Group



Administrative Health Records

281 patients (median age 71 years) across nine centres in the Veneto region of Italy. Episodes of ventricular tachycardia and ventricular fibrillation that were recorded by the diagnostic device were considered.

Concentrations of particulate matter of less than 10 μm (PM10) and less than 2·5 μm (PM2·5) in aerodynamic diameter, carbon monoxide, nitrogen dioxide, sulphur dioxide, and ozone were obtained daily from monitoring stations, and the 24 h median value was considered. Each patient was associated with exposure data from the monitoring station that was closest to their residence.



Estimated impact (2-years) on health



Figure 1: Estimated probability plot for ventricular tachycardia and ventricular fibrillation episodes at different concentrations of particulate matter of less than 10 μ m (PM₁₀) and less than 2.5 μ m (PM_{2.5}) in aerodynamic diameter

Figure 2: Estimated probability plot for ventricular fibrillation episodes at different concentrations of particulate matter of less than 10 μ m (PM₁₀) and less than 2.5 μ m (PM_{2.5}) in aerodynamic diameter



Emergency Room models for short-term effects



Impact of air pollution control policies on cardiorespiratory emergency department visits, Atlanta, GA, 1999–2013 $\,$

Joseph Y. Abrams^{1,}, Mitchel Klein^b, Lucas R.F. Henneman^c, Stefanie E. Sarnat^b, Howard H. Chang⁴, Matthew J. Strickland², James A. Mulholland¹, Armistead G. Russell⁶, Paige E. Tolbert¹





One of the first causes of Pediatric Emergency Room admission in infants

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Archiv Dis	ease in	Childhood			Latest co	ontent	Currenti
Home	Archive / Volu	ime 101, Issue 2					
	Article Text	Original article Admission to hospital for bronchioliti decades, geographical variation and a characteristics and subsequent asthr	s in Eng associat na 8	land: trei ion with	nds over perinatal	five	_
	Citation Tools	Christopher A Green ¹ , David Yeates ² , Allie Goldacre ² , Charles Sa Michael J Goldacre ²	nde ¹ , Roger (Parslow ³ , Phi	lip McShane ³ , A	ndrew J F	² ollard ¹ ,



Children aged less than 1 year admited to Pediatric Emergency Room of Padova, Italy, for bronchiolitis between 2007 and 2018

Hospital Admissions (individual data) Linked with PMx exposure (ARPAV)

-7 days

ctr

1st

A conditional logistic regression based on a timestratified case-crossover design was applied on single pollutant models

Delayed effect in time evaluated with DLNMs



+7 days

ctr

+14 days

ctr

+21 days

ctr

31st

case









A caesura between pollution and health models



Modelling inhalation exposure to combustion-related air pollutants in residential buildings: Application to health impact assessment

James Milner *, Sotiris Vardoulakis, Zaid Chalabi, Paul Wilkinson





Cochrane Database of Systematic Reviews

Interventions to reduce ambient particulate matter air pollution and their effect on health (Review)

Burns J, Boogaard H, Polus S, Pfadenhauer LM, Rohwer AC, van Erp AM, Turley R, Rehfuess E

Many different policies and programmes have been put into place to reduce air pollution; examples include vehicle restrictions to reduce traffic, fuel standards for cars, buses and other motorized transport, industrial regulations to limit pollution from factories, and the replacement of inefficient heating stoves with more efficient, cleaner burning stoves.

We wanted to know whether these measures led to a reduction in the overall number of deaths, and in the number of deaths from cardiovascular and respiratory causes. We also investigated whether the measures led to fewer people going to hospitals for cardiovascular and respiratory problems.

Overall, we observed mixed results across studies. Many studies observed no clear changes in health or air quality associated with the measures, while others did observe clear improvements. We identified very few studies that reported worsened health or air quality associated with the measures.

The production of higher quality and more uniform evidence would be helpful in informing decisions.





PERSPECTIVE

https://doi.org/10.1007/s13280-019-01164-3

Ambio

Using green infrastructure to improve urban air quality (GI4AQ)

C. Nick Hewitt (), Kirsti Ashworth, A. Rob MacKenzie

Traslating evidence into scenarios





General impact-models

 $\log(E(Y_{kt})) = \infty + \beta_1 \text{ pollution }_{1,kt} + \beta_2 \text{ pollution }_{2,kt} + \sum_k \lambda_k ZIP_k + \sum_m \lambda_m DOW_{mt} + \sum_n \nu_n \text{hospital}_{nt} + g(\gamma_1, \dots, \gamma_N; \text{tim } e_t) + \sum_o \xi_o \text{IOtemp}_{ot} + \eta_1 \text{ dewpt}_t + \eta_2 \text{ dewpt}_t^2 + \eta_3 \text{ dewpt}_t^3 + \delta_1 temp_t + \delta_2 \text{ temp}_t^2 + \delta_3 \text{ tem } p_t^3$

- Y kt is the count of ED visits for respiratory outcomes in ZIP code k on day t.
- For each pollutant (pollution 1 and pollution 2), daily averages (8-h maximum for O3, 24-h average for all other pollutants) of same-day concentrations were used.
- To control for spatial autocorrelation in the baseline ED visits across the ZIP codes, an indicator variable for the kth ZIP code (ZIP k) was used to represent the areas from which ED counts were spatially aggregated.
- Dummy variables for day of week and holidays (DOW, indexed by m) and for hospital (hospital, indexed by n) were used; the latter accounted for the differing durations of time each hospital was included in the study.
- Long-term trends and seasonality of health outcomes (time) were controlled for with parametric cubic splines with monthly knots (g(γ 1, ..., γ N ; x)).
- Meteorology was controlled for using maximum temperature (IO temp) with indicators for each degree Celsius, a cubic function for dew point (dewpt), a cubic function for minimum temperature (temp), and dummy variables for seasons. When simulating the health effect we assume zero lag, but expect results to be generalizable to single day lag



PREVENTING CHRONIC DISEASE PUBLIC HEALTH RESEARCH, PRACTICE, AND POLICY Volume 11, E195 NOVEMBER 2014

ORIGINAL RESEARCH

Using Simulation to Compare Established and Emerging Interventions to Reduce Cardiovascular Disease Risk in the United States

Jack Homer, PhD; Kristina Wile, MS; Benjamin Yarnoff, PhD; Justin G. Trogdon, PhD; Gary Hirsch, SM; Lawton Cooper, MD, MPH; Robin Soler, PhD; Diane Orenstein, PhD

PRISM Intervention Lever	Estimated Target Population 2010, millions	Recipient Population 2010, if Applicable, millions	Unit Cost per Recipient per Year, if Applicable, 2008 \$	Initial Lever Setting	Best Plausible Lever Setting ^a	
Tighter BP care: non-CVD, post-CVD	78.7 ⁿ	0	88	0	100	
Borderline cholesterol care: non-CVD, post-CVD	35.8 ⁰	0	378	0	100	
Tighter cholesterol care: non-CVD, post-CVD	108.6 ^p	0	126	0	100	
Prediabetes care: non-CVD, post-CVD	73.3 ^q	0	850	0	100	
Tighter diabetes care: non-CVD, post-CVD	26.4 ^r	0	850	0	100	
Air established: 3 intervention levers						
Tobacco tax rate	253.4 ^s	_	_	34	100	
Tobacco marketing restriction index	253.4 ^s	_	_	25	100	
Fraction of workplaces allowing smoking	253.4 ^s	_	_	11	0	
Air emerging: 2 intervention levers						
Tobacco counter-marketing index	253.4 ^s	_	_	20	100	
Average small particulate air pollution (µg/cubic meter PM 2.5)	295.4 ^t	_	-	10.9	7.0	
Lifestyle established: 3 intervention levers						

Table 1. Interventions, Target Populations, and Risk Factor Management Costs in the Prevention Impacts Simulation Model (PRISM)



Intervention Impacts on Deaths and Costs 2012 Through 2040

	% Change from Base Case ^a (95% Uncertainty Range) ^b					
Outcome	Established	Established Emerging Combined		Base Case ^a		
Care interventions ^c						
Death rate ^d	-35.6 (-40.6 to -31.0)	-17.2 (-18.2 to -16.3)	-47.7 (-51.9 to -45.7)	5.74		
YPLL rate ^e	-34.8 (-39.3 to -30.5)	-15.5 (-16.5 to -14.6)	-45.9 (-49.7 to -44.1)	72.1		
Risk management costs ^f	83.3 (76.5 to 89.9)	30.1 (23.8 to 38.2)	128.9 (114.0 to 143.3)	490		
Acute and extended care costs ^g	-19.4 (-25.5 to -13.4)	-10.8 (-11.6 to -10.1)	-31.0 (-33.6 to -27.3)	539		
Productivity costs ^h	-31.1 (-35.7 to -26.7)	-13.8 (-14.6 to -13.1)	-41.2 (-44.6 to -38.8)	1,769		
Combined costs ⁱ	-8.8 (-13.5 to -4.6)	-5.5 (-6.9 to -4.0)	-9.4 (-14.6 to -6.1)	2,797		
Air interventions ^c						
Death rate ^d	-3.5 (-4.2 to -2.8)	-2.3 (-2.8 to -1.9)	-5.6 (-6.3 to -4.8)	5.74		
YPLL rate ^e	-3.2 (-3.8 to -2.5)	-2.0 (-2.5 to -1.7)	-5.0 (-5.6 to -4.2)	72.1		
Risk management costs ^f	-1.7 (-2.0 to -1.2)	-0.5 (-0.6 to -0.4)	-2.1 (-2.5 to -1.7)	490		
Acute and extended care costs ^g	-2.6 (-3.2 to -2.1)	-2.3 (-2.9 to -1.9)	-4.8 (-5.6 to -4.0)	539		
Productivity costs ^h	-3.9 (-4.7 to -3.0)	-2.0 (-2.5 to -1.6)	-5.7 (-6.4 to -4.8)	1,769		
Combined costs ⁱ	-3.3 (-4.0 to -2.6)	-1.8 (-2.2 to -1.5)	-4.9 (-5.6 to -4.1)	2,797		
Lifestyle interventions ^c						
Death rate ^d	-1.5 (-2.4 to -1.7)	-9.7 (-11.8 to -7.6)	-10.8 (-12.8 to -8.5)	5.74		
YPLL rate ^e	-1.5 (-2.4 to -1.7)	-8.6 (-10.4 to -6.7)	-9.8 (-11.5 to -7.7)	72.1		
Risk management costs ^f	-1.0 (-1.6 to -0.4)	-7.1 (-8.1 to -5.8)	-7.9 (-8.9 to -6.5)	490		
Acute and extended care costs ^g	-0.9 (-1.5 to -0.4)	-7.8 (-10.3 to -5.6)	-8.5 (-10.9 to -6.2)	539		
Productivity costs ^h	-1.4 (-2.1 to -0.6)	-7.9 (-9.5 to -6.1)	-8.9 (-10.5 to -6.9)	1,769		
Combined costs ⁱ	-1.2 (-1.9 to -0.5)	-7.7 (-9.4 to -6.0)	-8.6 (-10.2 to -6.7)	2,797		
All 3 intervention areas ^c						
Death rate ^d	-37.7 (-42.4 to -33.2)	-25.0 (-26.7 to -23.1)	-51.3 (-54.1 to -48.7)	5.74		



Level of Evidence and Frameworks for Simulations

	Model	Effects	Scope
Aggregate Data	Count or population levels	Population average	Public Policy (strategic level)
Individual Data	GLM logit-based Link	Population average	Etiological models
Micro Data	Bayesian endpoints for surrogate	Conditional models	Individual short term impact



Wish list

- Methods
 - Further improve in detailing pollution data (also via algorithms)
 - Define methods for handling correlated outcomes and exposures
- Research
 - Develop algorithms for translational research (from mice to humans, from surrogates to outcomes)
 - Develop validation criteria for simulation of health outcomes impacts of pollutants
- Policy
 - Easier micro-data linkage for surveillance purposes



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THANK YOU!

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