



Izglītošana par veselību un sociālu
padomu sniegšana bērniem

Interviews with children

Latvian experience

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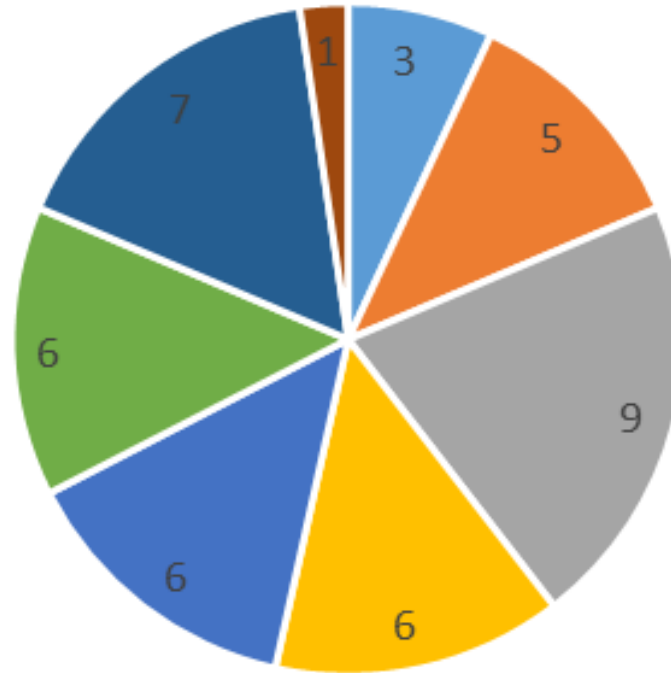
Rakvere,
08.03.2017.

Interviewed children

- Day center for children with disability – 24;
- Day center for children from low-income families – 20;



Children age



- 6 years
- 7 years
- 8 years
- 9 years
- 10 years
- 11 years
- 12 years
- 13 years

Conducts:

- Day center for children with disability
 - Specialist needs to explain pictures;
 - Playing time 30-40 minutes;
 - Sometimes Russian children choose to play game in English, not in Latvian;
 - Sometimes don't separate preferred from real;
 - Technically they can play game very fast, but need to think about their daily activities;
 - If they don't know answer or don't want to think about it, they choose a basket «sometimes»;
 - Some of children want to choose false answers in order to raise self-esteem, some are very honest with answers.

Conducts:

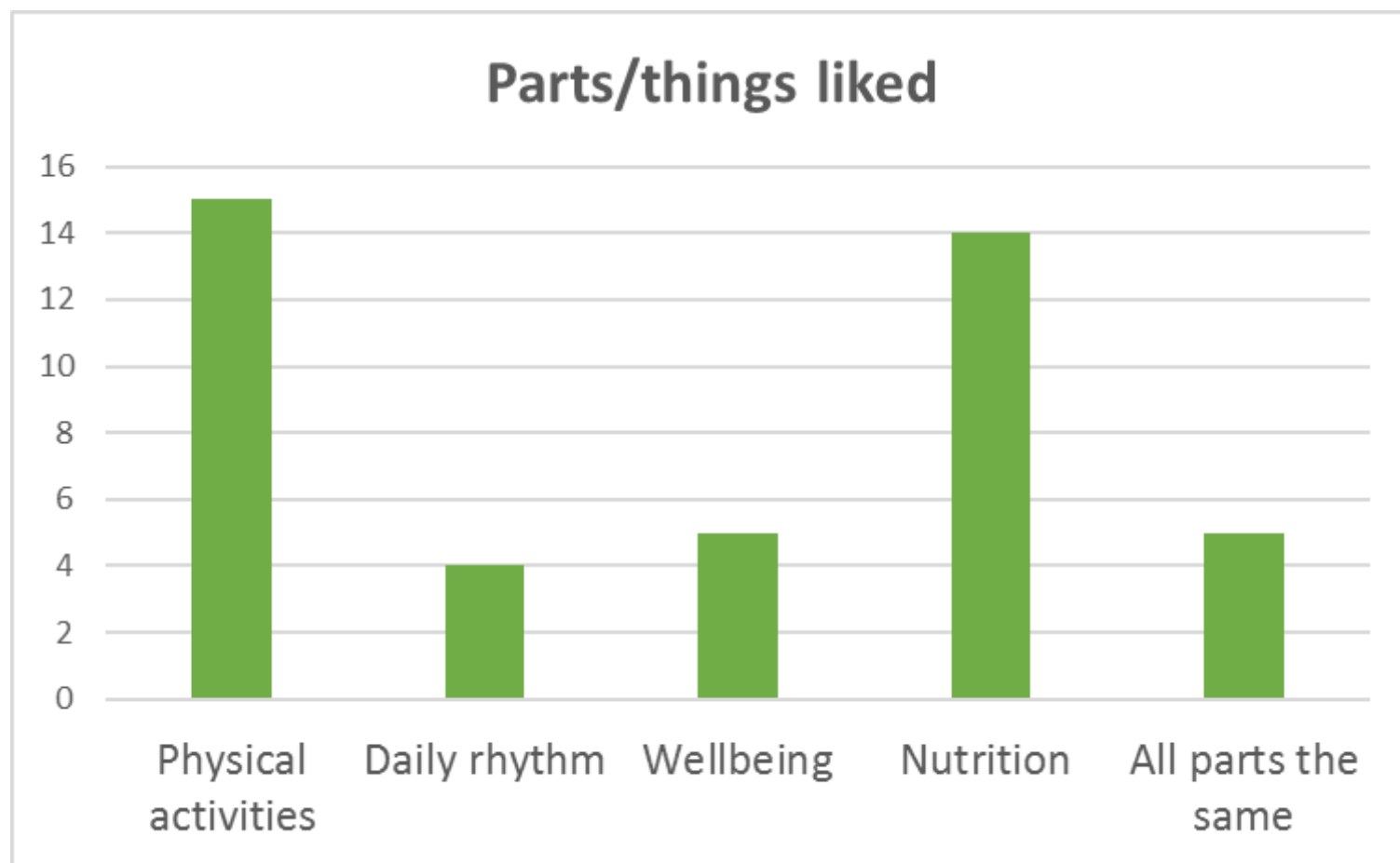
- Day center for children from low-income family:
 - Most of them wants to play very quickly, without going into details;
 - Specialist needs to control the game proces;
 - Stays nervios in some parts; (some about nutrition part, because they don't know many products, but don't want to show it, some about Wellness because they are afraid to reveal the truth of family circumstances);
 - Don't want to read explanations;
 - Playing time arround 20 minutes.

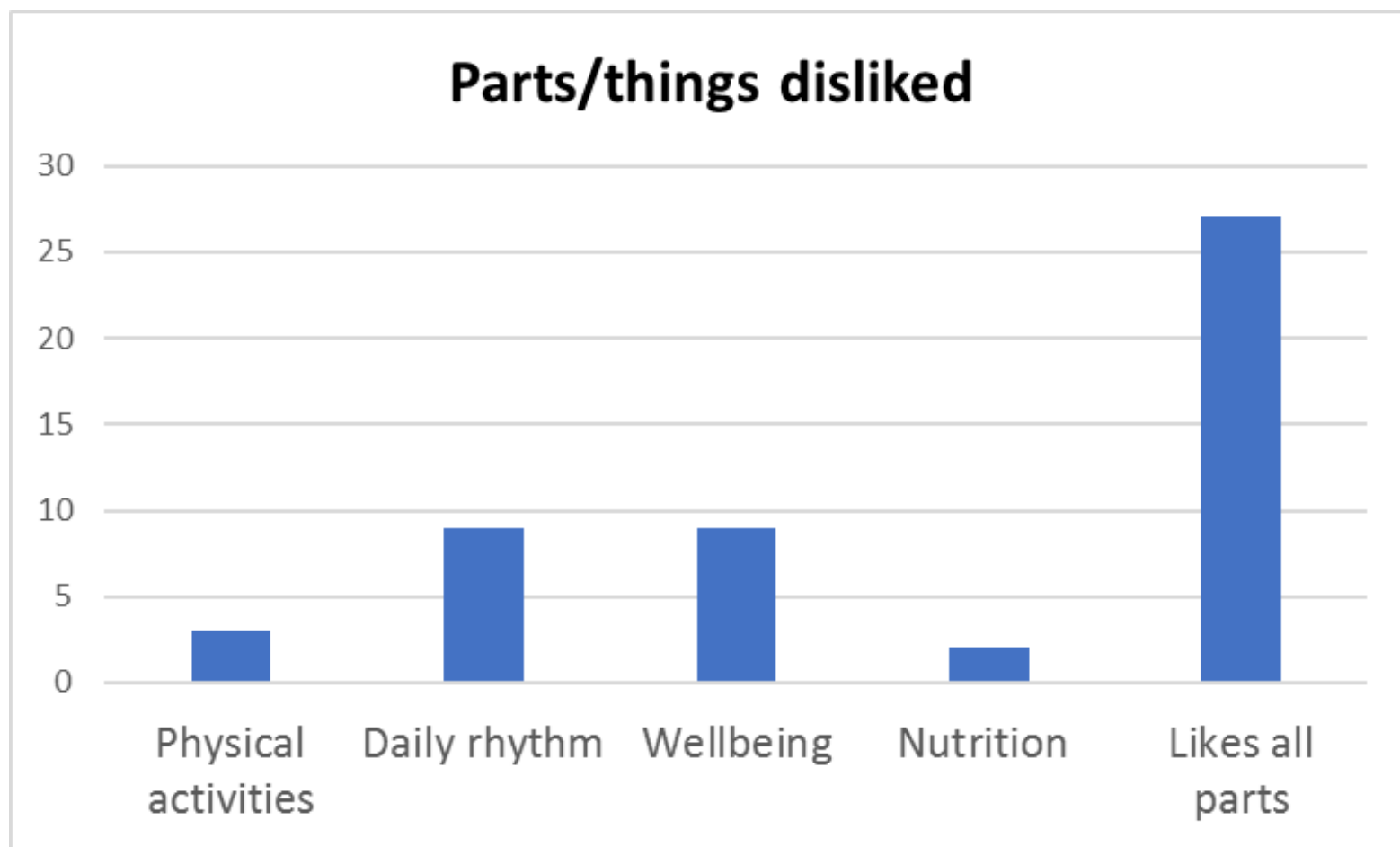
Children attitude

- Day center for children with disability:
 - like interactive lessons;
 - concern seriously to game;
 - enjoy the game.
- Day center for children from low-income family:
 - some children want to play game fast, don't want to think very much about game. Don't want to read pictures information;
 - some concern seriously to game, some don't.

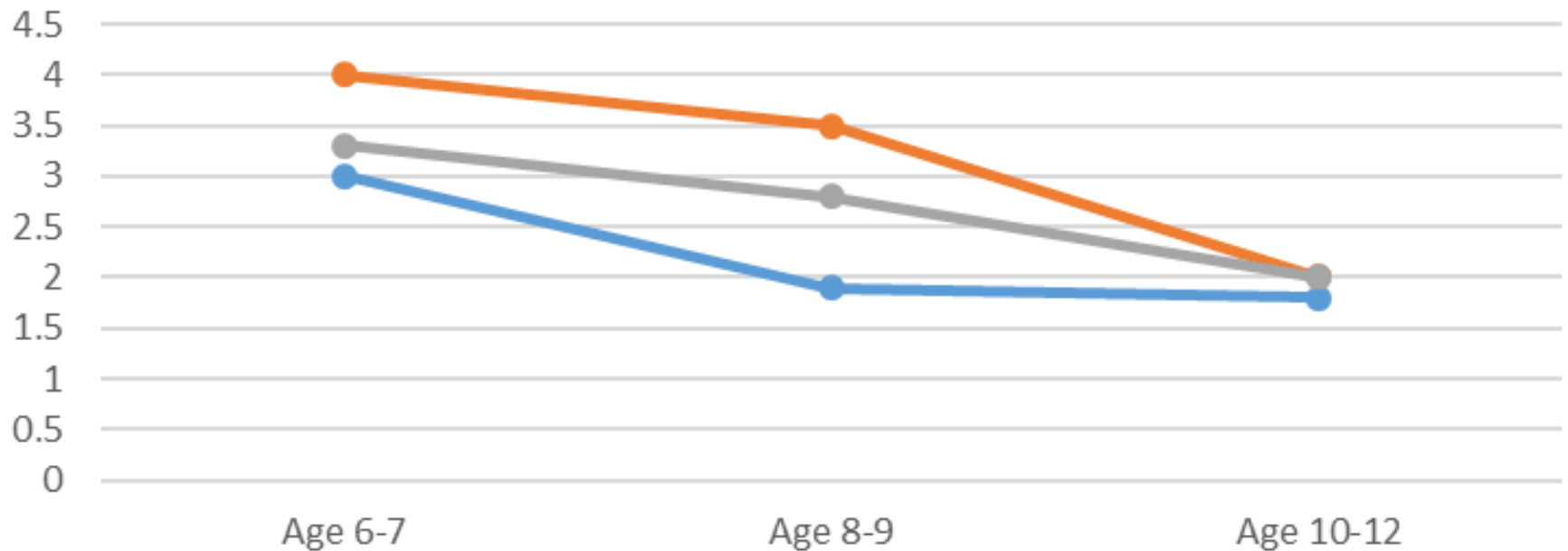
Resulting from the game

- thinking about their lifestyle, sometimes for the first time;
- a better understanding of their daily habits;
- associating game with teacher recommendations;
- a better understanding about healthy lifestyle.





Suitability of age



—●— 2. I found this app unnecessarily complex.

—●— 4. I think that I would need assistance to be able to use this app.

—●— 10. I needed to learn a lot of things before I could get going with this app.

Some children conclusions:

- I liked this game.
- A normal, funny game.
- I would like to have more levels.
- More parts could be added.
- An interesting game.
- In *Daily rhythm* part need to add more baskets, like «weekends» or «sometimes» or «seasonal».



Interviews with children. Latvian experience

Thank you!