

RIVIERA4SEASONS2



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Feel & Taste

OPATIJA / PORTOROŽ





Opatija and Portorož are an example of the very best Istria has to offer - a blend of "blue and green"

OPATIJA AND PORTOROŽ - A MEDITERRANEAN EXPERIENCE

As two chapters of the same story, and only lying about 80 kilometres from each other, it is only together that Opatija and Portorož create a complete experience worth enjoying and savouring!

Do you want to experience the authentic Mediterranean and its centuries-old traditions? Natural beauties that have been captivating visitors for thousands of years? Gastronomy based on local ingredients, and the "secrets" passed down from grandmothers to granddaughters? You can now experience these unique tourist rivieras and their still "undiscovered" rural hinterland - the *Feel & Taste* joint destinations of Opatija and Portorož.

Opatija and Portorož, as the two "crown jewels" of the Istrian peninsula, are an example of the very best Istria has to offer - a blend of "blue

and green", a coastline with popular beaches and secluded bays, as well as a rolling hinterland of forests and sunny mountain slopes. The two rivieras, Opatija in the east and Portorož in the west, are connected by history, culture, gastronomy and geographical features, but are still distinctive from one another through their authentic local heritage.

The two locations developed along the sea, eventually becoming famous tourist destinations, but they have always depended on their surroundings whose fortified cities provided security, in addition to excellent food and produce from local vineyards, olive

groves, forests and fields.

Their traditions, which have unfolded over hundreds of years, should be experienced slowly - by enjoying every moment spent on walking and biking trails, savouring local products such as sweet chestnuts or *maruni*, gourmet olives, fine wines, fish and seafood, truffles or cheese, as well as every stone of the old towns that hide thrilling legends...

As two chapters of the same story, and only lying about 80 kilometres from each other, it is only together that Opatija and Portorož create a complete experience worth enjoying and savouring!



The two locations developed along the coastline, but have always depended on their hinterlands.

N AUTHENTIC



Specially designed itineraries always include an exceptional gastronomical experience!



The hinterland of Opatija and Piran hides many untold stories

The shared common heritage for the joint international promotion of 365 days of green tourism on the Opatija and Portorož Riviera is the driving force behind the RIVIERA4SEASONS2 project, which builds upon the preservation of Istria's legacy by integrating features of nature, culture and rural events into specially designed itineraries.

The fact that Portorož and Opatija, with their rich traditions, represent the cradle of Central European tourism was the starting point for the response to this challenge - how to promote the active preservation of cultural and natural heritage by promoting sustainable green tourism?

For this purpose, two types of project activities have been devised to ensure that local identities are represented, promoted and connected in a smart and sustainable way. These are the *itineraries* that connect existing natural and cultural heritage attractions, protected areas and small rural service providers in order to highlight the benefits of collaboration and market opportunities of the new innovative cross-border product *Feel & Taste*, which is inspired by the heritage and traditions of the *Istrian village*.

The project activities will raise the awareness of the local population, while enhancing the knowledge and skills of service providers, and therefore will contribute to growth by influencing the number of visits, the quality of visitor experiences and the long-term sustainability of the area. The key objective of the project is to preserve the identity of villages located on both rivieras, and their natural and cultural heritage.

The project includes: the Municipality of Piran, the City of Opatija, the Portorož Tourist Board, the Opatija Tourist Board, the University of Primorska - Faculty of Tourism Studies, the University of Rijeka - Faculty of Tourism and Hospitality Management Opatija.

The activities are financed by the European Union and the European Regional Development Fund under the cross-border Cooperation Programme INTERREG Slovenia - Croatia 2014-2020.

OPATIJA THE BIRTHPLACE OF EUROPEAN TOURISM

For 175 years, Opatija has been offering a host of sights and delights to experience, try, taste and get to know. It's time to start exploring!

Located exactly where the largest Istrian mountain Učka plunges into the Adriatic Sea, Opatija has been delighting visitors with its diversity for 175 years. A beach or a mountain peak? A coastal promenade or hiking and walking trails through ancient forests? The modernity of Viennese Art Nouveau architecture or the tradition of medieval stone hill-forts? Mediterranean cuisine with an abundance of fish and wine or continental cuisine with "forest fruits" and meat delicacies? Swimming or sleighing, sailing or parachuting, active holidays or relaxation in the spa and wellness centres? You don't have to choose, because you can experience it all right here, on the Opatija Riviera ...

Opatija has been one of Europe's favourite tourist destinations since the mid-19th century, when it took hold as the "birthplace of Croatian tourism" following the construction of the famous Villa Angiolina, an amazing holiday home set in the middle of a unique park just steps away from the sea. It quickly became a sought-after elite destination, attracting royalty, celebrities, writers and composers as well as renowned scientists. But why? It's all thanks to its unique climate that combines the healing air

of the mountains and the sea, natural beauty, parks and architecture, luxury hotels and a unique coastal promenade that stretches for more than 10 kilometres.

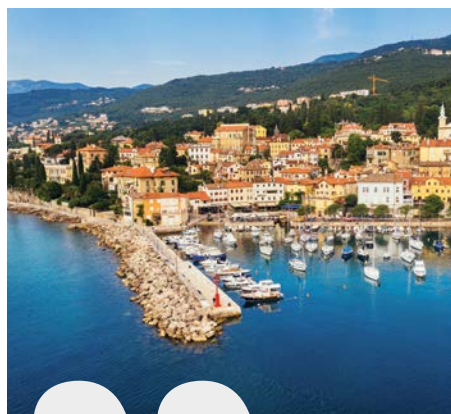
It takes only about 20 minutes to reach the 1,400-metre-high mountain peak from the crystal clear sea, which offers an excellent view of the Kvarner Bay and Istria, uncovering the fascinating world of Opatija's hinterland. Apart from the mountain crossed by wooded paths, hiking trails and climbing slopes, you will also be delighted by the indigenous features of rural estates, the medieval walls of Veprinac, the dense forests of sweet chestnuts or *maruni* – a native chestnut species known for its unique taste, as well as excellent local wines and olive oils...



Veprinac

For centuries, the old town of Veprinac has watched over Kvarner, and passing through the city gates opens a door onto the historical path of this region like a time machine. This path leads next to the Church of St. Anne, where more than 500 years ago, one of the most important legal documents in this area, the *Veprinac Statute*, was written. Nearby, it is possible to see *Komunščica*, a former administrative building and prison, where an ethno collection is now kept. A few hundred steps up the stone staircase is all it takes to reach the lookout spot, in front of the majestic Church of St. Mark, which overlooks the entire bay.

However, Veprinac is not just a history-book of the whole region, but also a live stage where performances of vocal groups - or *klope* - and folk festivals take place as well as where you can taste local specialties and wines. With well-maintained promenades connected to the centre of Opatija and the peak of Učka, Veprinac is perfect for all generations.



Volosko

This fishing village carrying the essence of the Mediterranean has always been dedicated to the sea. Among the crowded rooftops of old houses, there are meandering stone staircases and narrow streets filled with art galleries and ateliers.

They are all directed towards the heart of Volosko - the "mandrač" (a little harbour). At dawn, fresh fish arrives in the small harbour that can immediately be found on the menus of numerous Volosko taverns and restaurants, the "secret" of the local gastronomic scene, which judging by the number of first-rate restaurateurs, belongs to Croatia's best.

Mandrač is also a cosy place for a morning coffee with a sea view or an afternoon stroll along the Lungomare coastal promenade that begins in Volosko. It's also the perfect stage for events such as evenings with "klape" vocal groups, jazz concerts and art events.

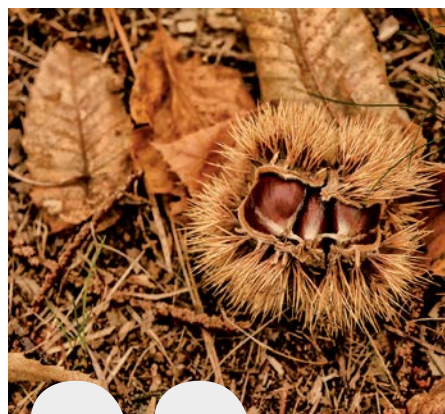


Poljane

Halfway between the waves and the top of Učka lies Poljane, a place that in recent years, due to the many holiday homes, has been known as an ideal refuge for all those who love comfort and relaxation in the peace and quiet of nature.

Surrounded by lush greenery, Poljane offers plenty of opportunities to stroll through forest trails or take on more challenging mountain paths, while the large Church of St. Peter is a captivating attraction in the town centre.

The sunny Učka slopes facing south are suitable for agriculture and winemaking, which is why Poljane is also known as a great place to taste the authentic products of local producers.



Dobreć

Dobreć, "hidden" in the ancient forests of sweet chestnuts or *maruni*, is best known for this indigenous fruit of the Učka slopes. Larger and sweeter than their chestnut "relatives", the *maruni* are a world renowned local delicacy, and during October in Dobreć, the chestnut festival Marunada takes place, a long standing "celebration" that is listed as one of Europe's finest gastronomic events.

The forest surrounding Dobreć is intersected by historical trails, which are often the destination of asparagus or mushroom pickers during the spring and autumn months, as well as walking paths leading to the top of Učka or the sea shore.

In addition to *maruni*, which are prepared in various ways including by baking or boiling in order to be added to desserts or even ice-creams - the local farmhouses are also known for olive oil, honey and other products that are best tasted in authentic Dobreć taverns.

THE PORTOROŽ RIVIERA: THE RIC

From the beautiful beaches in the "cradle" of the Adriatic Sea and the variety of panoramic promenades through to the green hills of the hinterland, from the wide urban promenades to the romantic streets filled with the warm spirit of history, from the authenticity and tradition of local heritage and customs to the bustle of modern towns – Piran, Portorož and the lovely locations throughout Slovenian Istria have it all.

The experience of the Portorož Riviera is more than just a relaxing day at the beach. Throughout the year, there are numerous shows and events for all ages and interests – regardless of whether you prefer a more relaxed or active holiday, a family or romantic getaway, a private or business trip, here you will find an experience that will make your stay unforgettable!

Piran is a city with soul. You will feel it as you walk through the narrow streets, surrounded by picturesque palaces and the whisper of a violin in Tartini Square. It is passionate and steeped in the Mediterranean temperament but also laid back. Indulge yourself and experience Piran in all its timeless romantic beauty.

Its neighbour, Portorož, is a renowned health centre, prized for the healing effects of salt and sea, with a tradition of more than seven hundred years. From as early as the 13th century, monks from the Monastery of St. Lawrence treated people with salt water. Portorož offers many more benefits for the body and mind, above all delicious cuisine with local specialities that should be followed by a glass of excellent local wine.

Discover the carousel of experiences that will provide you with plenty of fun, activities and relaxation in every season; let Piran and Portorož conquer you with their hedonistic nature and tradition-rich hinterland.

Taste the delicious cuisine with its unique flavours, toast your trip with a glass of excellent local wine, indulge in relaxing wellness activities and just enjoy.



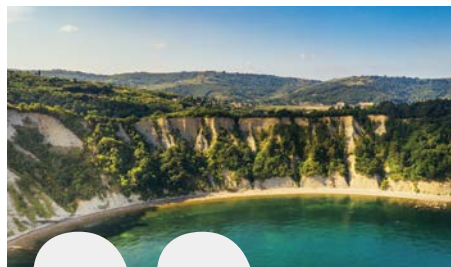
Piran

Piran is a medieval town with a distinctive architectural mark left by the mighty Venetian Republic. Its name derives from the word *pyr*, the Greek word for fire, as a long time ago, fires were lit on the peninsula as a warning to sailors.

Piran is one of the most picturesque, best preserved and most original Mediterranean towns, and the Madonna peninsula on which it was built has been inhabited since pre-Roman times. Its coastline is a unique landscape, shaped not only by wind and sea, but also by the centuries-old tradition of salt production.

Alongside the *Venecijanka* (Venetian house), the oldest preserved house on Tartini Square, and the medieval city walls on Mogorin hill, be sure to visit the birthplace of violin virtuoso Giuseppe Tartini and the Baroque Church of St. George, which dominates the hill. The church bell tower, which is just over 46 metres high, is a special attraction and is a smaller version of the bell tower of St. Mark's Basilica in Venice.

WELLNESS AND DIVERSITY OF ISTRIA



Strunjan

Halfway between Izola and Piran, on the coast of the old province known for its salt, lies Strunjan, a protected nature park that encompasses the hamlets of Marčane, Karbonar, Ronek, Sv. (Saint) Duh and Pretski Grič. The picturesque countryside, known for its salt and a touch of tradition, promises a peaceful respite from the hustle and bustle of daily life. However, the high flysch cliffs, the slopes of the Ronk hill, the hidden and hard-to-reach coves and the indigenous hamlets offer many activities – so be bold and explore the attractive walking trails to Portorož, Piran and Izola.

Strunjan is a place where history and the present meet. You will be enchanted by the local landscape which bears imaginative flashes of modernity. The residents of Strunjan are involved in viticulture, fruit growing and plant production, which is why the authentic cuisine of the area provides a truly unique gastronomic experience.

Along with stunning views from the steep cliffs and the remote Moon Bay with the cleanest water, you should pay a visit to the Church of Mary's Apparition in Strunjan. According to legend, Mary appeared to the keepers of the vineyards and soon afterwards, this spot became the main pilgrimage site in Istria.

Portorož

Since the 13th century, Portorož has been recognized as a destination with beneficial effects on health and in 1897, it was officially declared a health resort. Today, Portorož is full of hotels, restaurants, bars, casinos, old villas and many other attractions, which means it is recognized for offering one of the most comprehensive wellness packages in Europe and is the only seaside spa in the region.

Aviation is also an important part of Portorož's development. Its origins date back to the time of the Cosulich brothers, who established the initial infrastructure for the first air links in the aftermath of the First World War. Today, it is a prized destination for private aviation tourism.

You should definitely explore the Portorož Auditorium – a local cultural, promotional and congress centre. A visit to the well-known Sečovlje salt pans is also a must while we recommend you experience the rich nightlife of the local beach bars. So, as well as providing professional business facilities, Portorož is ideal for treating yourself to a relaxing holiday with its popular seaside wellness amenities.



Istrian villages

Do you want authenticity, a homely atmosphere and genuine contact with people? Just a few minutes' drive from the coastal towns, you will find everything you desire! Beyond the olive groves and vineyards, you will discover the well-hidden idyllic Istrian villages with their typical old stone houses, where the locals will be happy to engage you in conversation. They might reveal to you some of the interesting village stories and legends or invite you for a glass of red wine!

The area has a long tradition of olive cultivation, viticulture and fruit growing, while the rural inns offer traditional Istrian dishes prepared from seasonal local produce.

In addition to experimenting with a variety of flavours and aromas, Istrian villages in the hinterland of Piran are an excellent starting point for cycling and hiking trips. Discover the authentic protected Istrian village of Padna, see the traditional olive press in St. Peter, take a drive along the best-preserved avenue of impressive pine trees in Slovenia and experience something truly unforgettable!





The alluring sea waves will invite you in for a dip, or to try sailing and SUPing

THE SEA, THE MOUNTAIN AND THE SKY WAITING TO BE CONQUERED

From the seashore to the top of Učka, you will discover beautiful nature that is perfect for sports and recreational activities. Swimming and sailing, walking and biking, hiking and horseback riding, kiting or caving - you can conquer the sky and the sea, from the forest and the coast to the top of the mountain!

Get to know Učka through the variety of sports activities that take place on the slopes during Outdoor Day, which is part of the Učka Nature Park event held in early May, as well as the King of Učka cycling race at the end of September.



An adrenaline rush from the top of Učka will lead you to explore heavenly heights



The Lungomare coastal promenade begins in Volosko and stretches for over 10 kilometres along the coast.



The long walks to the top of Učka will give you the chance to explore the breathtaking nature.

Whether you're more inclined to fly above the clouds or keep your feet firmly on the ground, here you will find the perfect sporting activity for you!

Diversity is the perfect word to describe Opatija's natural landscape as well as the multitude of active holiday opportunities available on its riviera, which thanks to its mild climate, can be enjoyed all year round. The alluring sea waves will invite you in for a dip, or to try sailing and SUPing, while the mountain climbs and long walks from the coast to the top of Učka will give you the chance to explore the breathtaking nature. The steep cliffs challenge even the most experienced free climbers - the sky is the limit as far as what you can experience!

However, even that line can be crossed, as there are few sensations comparable to the adrenaline rush felt by brave adventurers who dare to take off from the top of Učka carried by a kite or parachute - which will let you see the whole Kvarner and Istrian region below if you dare!

If you prefer to stay on the ground, take advantage of all the "blue" lungomare promenade and its "green sister", the Carmen Sylva forest promenade, have to offer. Ride on open pastures under Poklon or take a peek at the fascinating underground caves.

Get to know Učka through the variety of sports activities that take place on the slopes during Outdoor Day, which is part of the Učka Nature Park event held in early May, as well as the King of Učka cycling race at the end of September.

Holidays are not just about lying on the beach. Sports and recreational activities in the healing sea air will reward you with an abundance of new energy that will help you to more easily overcome the challenges of daily life.

Spend an active holiday in Piran and Portorož, because you have many options to choose from. Do you feel like cycling through the Sečovlje salt pans or diving off Cape Madonna? Perhaps you would rather go paddle boarding in Strunjan? Or climb the highest cliff along the Adriatic Sea? Swimming in Moon Bay on one of the most beautiful, cleanest yet isolated beaches is a must-do experience when staying in this area, while horse-back riding in the hinterland of Slovenian Istria is a special adventure for both "young and old".

The sea is the largest and most exciting sports field, and every dive and swim reveal new elements of this magical mosaic of fantastic and beautiful images. Explore them in every possible way: dive into the secret quarters of the submarine kingdom, sail against the mighty wind or "ride the waves" while getting to know the diverse coastline.

The hinterland also provides a special experience and offers a wide variety of adventures - from walks through secluded and authentic Istrian towns to cycling among the olive groves. Whichever activity you choose, a unique experience awaits you. There are so many options - so explore and enjoy!

Start your day with a morning jog along the coast, a workout in the outdoor gym and continue with a dive under the waves! Or simply paddle to one of the most beautiful, cleanest and isolated beaches, but be sure to leave time for climbing to the highest cliff along the Adriatic Sea as well as cycling through the olive groves of the hinterland. Piran and Portorož will fill your day with fantastic activities!

Whichever activity you choose, a unique experience awaits you. There are so many options – so explore and enjoy!

HEALTHY LIFE IN THE RHYTHM OF THE WAVES



Start your day with a morning jog along the coast and through the Sečovlje salt pans



The sea is the largest and most exciting sports field



The green hinterland is ideal for exploring on foot or by bike

Sports activities will reward you with an abundance of new energy



The long history has left a rich heritage and centuries-old traditions are integrated into the fantastic events - each season offers something special!



The Veprinac ethno collection reveals how the inhabitants of this area lived a hundred years ago



The carnival lasts from January to March and brings a wave of joy to the streets



RetrOpatija brings together more than twenty thousand people who dance and have fun on the city streets



The Volosko galleries and ateliers are an opportunity for an exciting and authentic experience of art - painter and musician Vedran Ružić

A CULTURE FULL OF LIFE

Culture is not only written in stone and on paper; the history that has shaped this region for centuries, a region that has been inhabited for twelve thousand years, is not dormant in beautiful villas and museums, but lives on in full splendour in the sumptuousness of carnival masks, in the echoes of concerts on fantastic stages. Let Opatija captivate you with its story during the fascinating events that take place throughout the year.

Humans have been present in the area of Učka and the Opatija Riviera for thousands of years and have left an indelible cultural and historical mark, which is carved in the stone of medieval cities, on the facades of Opatija's villas of Art Nouveau architecture, in the exhibits of the Croatian Museum of Tourism and ethno collections, as well as among the works of contemporary artists from the Volosko ateliers.

Every season in Opatija brings its own excitement - winter is marked by the romantic Advent and a joyful and relaxed Carnival, while spring brings gastronomy and wellness & spa programs such as Walk, Art & Wine Volosko. During this season, you can also look forward to historical and cultural spectacles, including the Medieval

Veprinac program and the "Markova" celebration of the Veprinac patron saint St. Mark in the medieval town of the same name - Veprinac.

Summer brings numerous concerts to the Open Air Summer Stage, one of the most beautiful open-air scenes in the Mediterranean, enriched by the popular Liburnia Jazz Festival, RetrOpatija and Imperial City (Carski grad). The cultural aura of Volosko and Veprinac is also displayed in its full glory by the legendary "ex tempore" artistic event Mandrač and the evenings with "klape" vocal groups in Veprinac. Autumn is dedicated to local products and experiences with the Marunada festival and the Učka Fair.

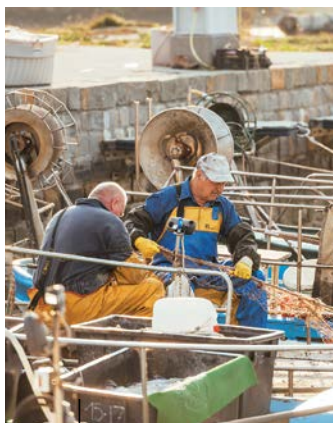
Pick your season, get to know Opatija's rich history and culture, and experience the best it has to offer!



Learn about the origins and beneficial effects of natural resources from the local salt pans

THE CULTURAL AND ART PATHWAYS

The rich, genuine and diverse local environment, full of human warmth, can only be fully experienced when you allow it to conquer all your senses - only then will you truly get to know the authenticity of Piran and Portorož.



Learn about local customs and traditional crafts



History has left deep and mysterious traces in this area



Follow in the footsteps of the legendary "boškarin" to the hinterland villages

The paths of tradition will take you on diverse and exciting adventures, intertwined with local customs and the authentic heritage of the whole area. From classical concerts to crazy nights at the beach, from the tradition of "salt harvesting" at the local salt pans to the rich cuisine of the villages in the hinterland - every day can bring a new story inspired by the timeless cultural legacy of the Portorož Riviera.

The rich history of Piran has paved winding narrow alleyways that at every enigmatic turn meet with tradition, promising an unforgettable adventure. Leave the hustle and bustle of everyday obligations behind and 'live out' the stories that have marked the town and its inhabitants: take a stroll along what was once the Austro-Hungarian Riviera and the maze of narrow Piran streets, explore the richly decorated sacral monuments and discover the diverse architecture of different time periods. Do not forget the coast and the hinterland: get to know the origins and beneficial effects of natural resources from the local salt pans, or follow in the footsteps of the legendary "boškarin" (indigenous Istrian ox with huge horns) that will take you to the traditional Istrian villages on the green hills above Piran. Get involved in local customs, take part in the exciting rural festivities and join interesting card games the locals play to kill time in the long warm summer evenings - you will certainly hear many colourful stories from the "old days".

The summer months bring more interesting events - from classical concerts dedicated to the legacy of the great and famous violinist and composer, Giuseppe Tartini, to promenade concerts, dances, entertainment on the beach and a rich nightlife.

THE PERFECT COMBINATION OF THE MEDITERRANEAN AND THE MAINLAND

Indigenous food and produce, such as Kvarner scampi, asparagus, truffles, succulent Lovran cherries or sweet chestnuts known as "maruni", prepared in restaurants and taverns that are at the very top of Croatian gastronomy guarantee an unforgettable gourmet experience.

The location of Opatija between the sea and the mountain has indelibly marked its gastronomy, which, thanks to the combination of continental and Mediterranean foods and culinary traditions, has created a unique story of taste based on "connecting the incompatible." Seafood and forest fruits, innovation and tradition, indigenous fresh foods and internationally renowned chefs have elevated the local gastronomic scene to among the most exciting in Croatia.

Kvarner scampi, asparagus, truffles, succulent Lovran cherries or sweet chestnuts known as "maruni", accompanied by excellent wines and olive oils... Each dish deserves a special chapter in this story, which will keep you in sweet suspense until you try the last dish on the menu.

The importance of local varieties of produce for superior culinary creations is reflected by the numerous Feel & Taste events that take place throughout the year, depending on the season. Set aside

spring for events such as *Asparagus and Wine, Walk, Art & Wine Volosko* and *the Gourmet Story Opatija Riviera*. In summer, taste the perfect wines that have aged at the bottom of Ika Bay during the "Vino i Vruja" event (Wine and the Underwater Wellspring), while in autumn taste maruni prepared in many ways at the Marunada before enjoying the Chocolate Festival in winter.

Explore top-notch restaurants, authentic seafood taverns, traditional pubs "oštarije" and coffee shops with unrivalled desserts, visit the Feel & Taste events, enjoy flavour perfection - feel and taste Opatija!



Wonderful locations and great food for an unforgettable experience



Traditional flavours in an authentic environment pair well with top-quality local wines

Explore top-notch restaurants, authentic seafood taverns, traditional pubs "oštarije" and coffee shops with unrivalled desserts, visit the Feel & Taste events, enjoy flavour perfection - feel and taste Opatija!

Kvarner scampi is one of the local dishes of this region



THE RICH FLAVOURS OF ISTRIA

Fresh fish, smooth olive oil, healthy Mediterranean vegetables and the unique taste of salt from the traditional local salt pans are the ingredients that are used to create gastronomic “magic” on the Portorož Riviera.

Local food is the star of the gastronomic spectacle of Piran and Portorož to which numerous culinary events are dedicated, where traditions come to life through the unique flavours of gourmet dishes.

The gourmet delights in this area are as colourful, fragrant and attractive as the Istrian landscape. Istrian cuisine is characterized by a rich tradition of seafood and meat dishes that are a treat for the taste buds and the soul.

The local traditions of fishing, olive growing and salt production provide the perfect ingredients for a gastronomic discovery of the Mediterranean, paired with the flavours of the green hinterland: taste fresh sea fish and organically grown seabass, Mediterranean medicinal herbs and spices, prestigious local truffles, olives and the smooth texture of the olive oil, healthy Mediterranean veg-

etables and succulent fruit from the valley of the Dragonja River and the surrounding hills!

The central ingredient that connects all local cuisine is the salt from the local salt pans. This internationally recognized and respected product enriches every culinary experience and is an indispensable part of both traditional recipes and contemporary culinary “magic”.

Try the wide selection and rich variety of local flavours, from prestigious restaurants to authentic hinterland inns!



Try the rich variety of local flavours



The central ingredient that connects all local cuisine is salt from the local salt pans.

Fresh fish and organically grown seabass are valued ingredients of local gastronomy



The traditions of the past still live on today - experience them in the woven fishing nets, home-made wine served in authentic taverns, and trails walked by local women carrying their produce from the hinterland to be sold at the town market.



The sea has always been an essential part of life in Volosko.

LIFE IN HARMONY WITH NATURE

The tradition of this region relies on a special bond with nature. Here, the sea and the mountain were the “fields” that fed generations with their fruit and provided them with shelter and everything required for a demanding, but beautiful life. If you really want to get to know Opatija, you have to experience its history...



Life and the special bond with nature



Only a few people today know how to weave traditional woven baskets

How did the inhabitants of Opatija live a hundred years ago and more? Without the luxury of modern technology, daily life was completely in tune with nature, its rhythm and dynamics. Locals were fed by the sea, which

they conquered using the ships they built themselves, and the land they cultivated with their own tools, the houses they built and the clothes they made themselves...

These very inhabitants produced wine and brandy in their taverns, ground flour

in the mills and weaved baskets for picking forest fruits and nets for catching fish. The area between the sea and the hinterland through the mountains was known for its dairy produce and the local women who made it.

Experience the close proximity to nature yourself: try your hand at basket weaving or knitting fishing nets and go scampi fishing with the fishermen, build a drywall using a method that has remained unchanged for centuries, try homemade brandy (rakija) distilled in a tavern, walk along the paths of the dairy-women - feel and experience the spirit of tradition in this region!

Everything they needed to live, the inhabitants of this area created themselves





Experience the everyday life of the locals as it once was over a hundred years ago



The Šavrinke used to bake great bread in ovens to sell in the surrounding villages and towns

Once a source of survival and today an important part of the local culture: the intertwining of tradition and modernity is revealed to the visitor at every turn - in culinary and traditional events, nature parks and cultural institutions.

History has left deep traces in this area as well as an endless heritage waiting to be explored. Do you know the story of the women traders called Šavrinke, the residents of the Šavrin Hills in the Istrian hinterland, who baked white bread and carried it in baskets on their heads, or in saddle-bags to be sold in Trieste, Piran and other places? Not only can you hear the story, but you can also taste the bread made according to the traditional recipe!

Get to know how to weave the "sprt" - a characteristic Istrian basket made of osier (a species of willow) that was once used for fruit picking, or make flutes - a simple folk reed instrument - that produce a buzzing sound when you blow through the hole. Discover the shipbuilding craft that has developed over millennia in Istria and become one of the most significant of its kind, or where people built smaller wooden vessels like the "batana" on their own, in cellars or out in the field.

DEEP TRACES OF HISTORY

Learn about the fascinating traditional crafts first-hand. Try them out, and you might discover a new talent!

How do you weave a characteristic Istrian basket? What is the taste of Istrian bread from an oven that local women sold in villages and remote towns? How do folk reed instruments sound? Get to know and experience the rich tradition of this place!

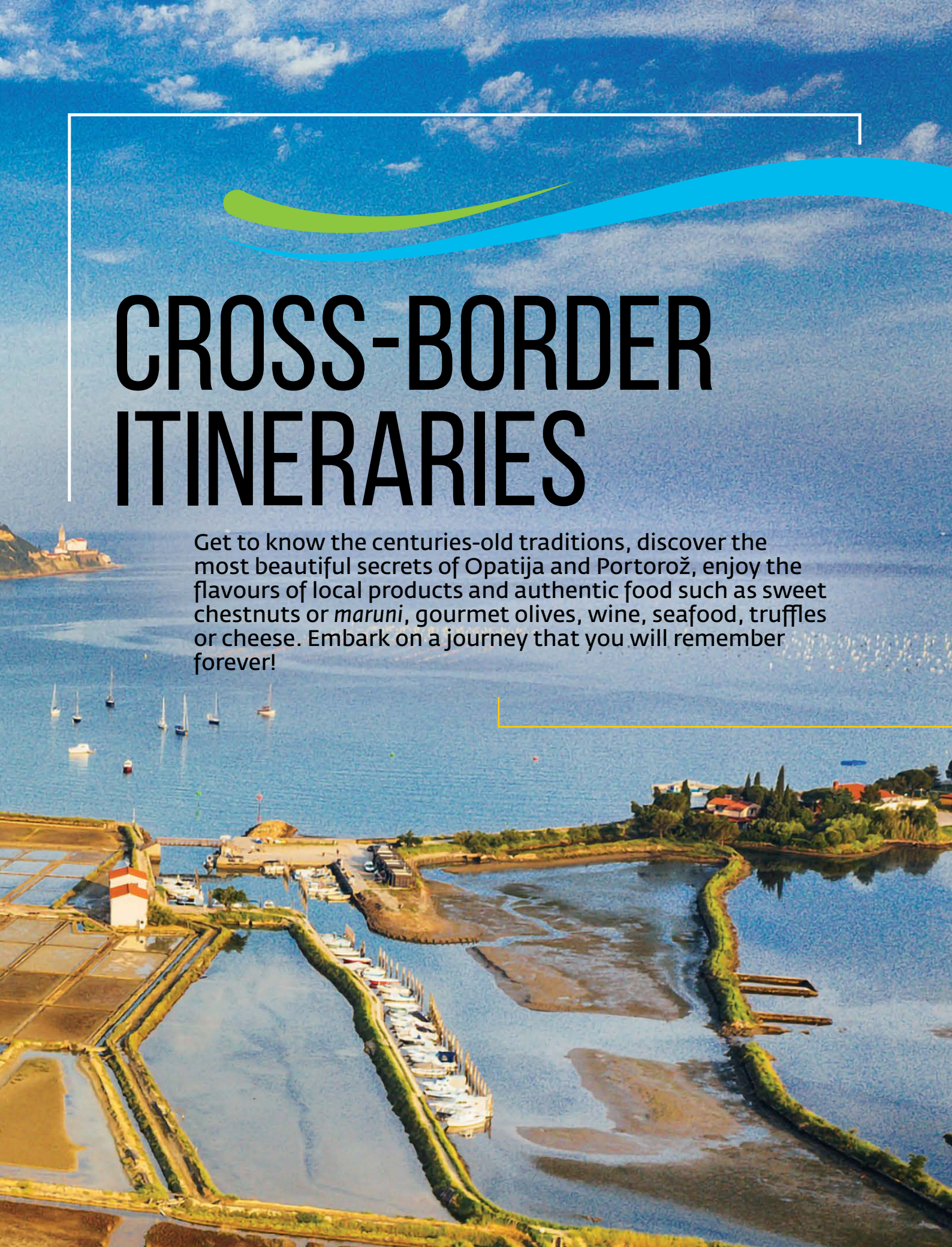


Piran is known for the production of salt using traditional methods



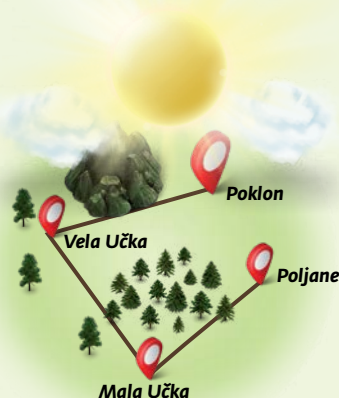
Fishing is an important tradition in this region



An aerial photograph of a coastal area, likely in the Adriatic Sea. In the foreground, there's a harbor with several sailboats and a small building with a red and white striped roof. A long, narrow pier or breakwater extends into the water, lined with many small boats. To the right, there's a small island or peninsula with some buildings and trees. In the background, a larger island with a church is visible. The sky is blue with some clouds. A white line and a blue wave graphic are overlaid on the top left of the image.

CROSS-BORDER ITINERARIES

Get to know the centuries-old traditions, discover the most beautiful secrets of Opatija and Portorož, enjoy the flavours of local products and authentic food such as sweet chestnuts or *maruni*, gourmet olives, wine, seafood, truffles or cheese. Embark on a journey that you will remember forever!



Maliki Family



From Učka Pension

After biking, rest at the Učka boarding house on Poklon, known for its excellent seasonal delicacies

Feel & Taste & Ride Opatija

Meet the magic of Učka

A leisurely bike ride through unspoiled nature reveals the most beautiful secrets of Učka - amazing landscapes and excellent local products: home-made cheese, award-winning wine, and medicinal herbs.

The unspoiled nature and clean air of the highest Istrian mountain, local produce – including sheep's cheese, medicinal herbs and excellent wine – and a cycling route through the idyllic landscape with fantastic views: three ingredients for a day well spent with the Feel & Taste & Ride Opatija programme.

This cycling tourism adventure revealing the magic of Učka begins on the Poklon pass, a place that has long served as a rest point when travelling across the mountain, and where the first climbers' lodging was built by nature-lovers back in 1887. Poklon is the central "point" in the Učka Nature Park, where you can leave your car and continue your journey with your own bicycle or electric version, which can be rented, by appointment, at the information centre.

From Poklon, the route leads to the village of Vela Učka, located at an altitude of about 950 metres above sea level. In the centre of Vela Učka, you take a left turn on a road surface towards the abandoned village of Mala Učka, the highest rural settlement in Istria, which was

completely destroyed in the Second World War. Until then, the village, which was home to 130 residents called Učkari engaged in cattle breeding, was known for its excellent cheese. This tradition was restored in the 1970s by the Maliki family, who graze their sheep on these very slopes in the summer months, creating delicious sheep's cheese and curd that you can buy right on the family's doorstep.

On the way back to Poklon, about halfway down, you will come across the home of Učka's "doctor for medicinal herbs", herbalist Aldo Santo Pulić. Aldo will take you through a small botanical garden with samples of wild medicinal herbs and tell you about the characteristics of Učka's flora as well as supply you with excellent home-made natural tea.

After biking, rest at the Učka boarding house on Poklon, known for its excellent seasonal delicacies, and finish off your exploration of local products in Poljane at the Rumac family farm in Maćuki, known for its top quality wines, among which is the award-winning Malvasia.

The sheep graze freely on the Učka slopes and provide excellent cheese and curd



Do you know what's really interesting? Your speed will be exactly the same as the speed of the train that once travelled along the same route.



Parenzana will take you through the Valeta tunnel to the Strunjan salt pans.

Ride & Meditate: Meet Porečanka

As was once done by train, take a bike ride along the famous railway and get to know Strunjan Nature Park, Moon Bay and the Strunjan salt pans before enjoying the Munda farmhouse!

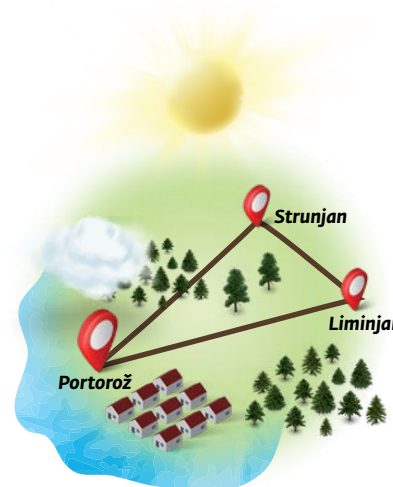
Porečanka - or Parenzana - was a narrow-gauge railway that connected Trieste, Koper, Izola, Piran and Portorož with central Istria and Poreč from 1902 to 1935. Cycling along the Parenzana route from Portorož to Strunjan will take you back in time. Do you know what's really interesting? Your speed will be exactly the same as the speed of the train that once travelled on the same route.

Parenzana will take you through the Valeta tunnel to the Strunjan salt pans. Park your bike and take a stroll around Strunjan Nature Park. It's a special experience that can take hours. Climb the Strunjan Cliff, stop for a few moments at the meditation points and enjoy the view of Moon Bay. If you like off-road challenges, go for it and admire the cleanest water close-up! You can also visit the Church of Mary's Apparition, and then take a tour of the Strunjan salt pans and the Stjuža sea lagoon with a guide. The tour ends at the salt pans, where you can buy authentic souvenirs.

Continue biking on to the Valeta

and Lucija tunnels and stop at the Munda farmhouse. It stretches over the top of the Liminjan Hill, surrounded by two hectares of olive groves. From their olives, the farm produces premium virgin olive oil using organic methods.

Here, the diligent and friendly hosts will show you an amazing world of products from their own production. You will find the olive spreads with different flavours and olive oil containing rosemary or golden leaves especially tempting! At the Munda Farmhouse, you will even find

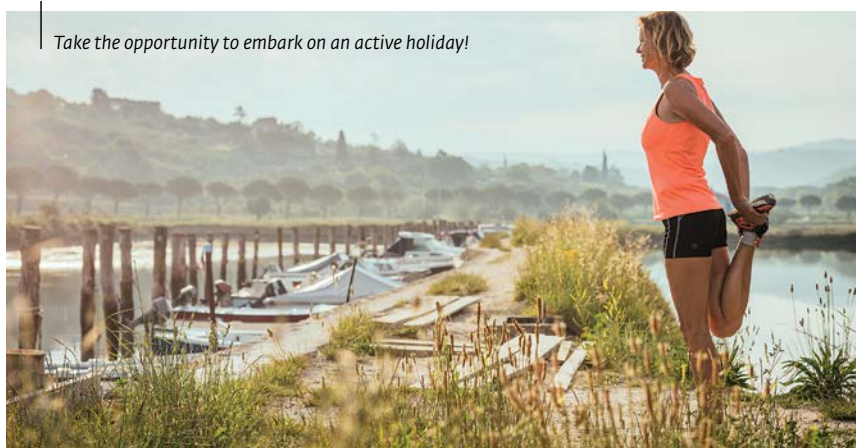


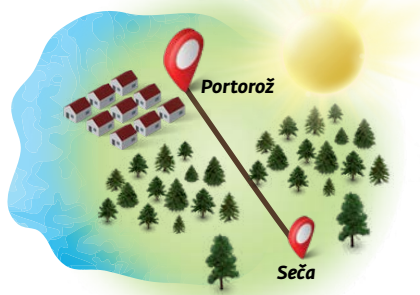
olives in the jams and homemade chocolate!

Extra virgin olive oil carrying the label of protected geographical indication, varietal olive oils and other products can be purchased at the farmhouse. All oils can also be sampled before purchasing.

Return to Portorož on your bike. We strongly recommend that you treat yourself to a delicious dinner at one of the excellent restaurants on the coast. End your day with a glass of premium wine from one of the local producers.

Take the opportunity to embark on an active holiday!





Taste the Nature

The peculiar world of cacti in Seča has become a real tourist attraction: there are as many as 1,500 cactus species, the oldest of which are over 50 years old!

A bicycle will take you on many adventures during this journey: exercising in an outdoor fitness centre, exploring fascinating stone sculptures, tasting the finest olive oils, exploring the unique and peculiar world of cacti...

After a good morning coffee on one of the many Portorož terraces, hop on a bicycle and follow the cycling route to the Seča peninsula, where you can do a workout at an outdoor fitness centre at Forma Viva. Explore the cultural heritage of the area as well – take a stroll among the fascinating stone

introduce you to the local products made in a completely natural way. In the spotlight, of course, is the extra virgin olive oil of the Gramona family, made from olives that combine the sun, sea wind and microclimate of the salt pans that gives it a unique flavour. You can also buy and take home the olive oil as well as other

the oldest of which are over 50 years old. On a guided tour, you will learn a lot of useful information about cactus cultivation and care, and you can also buy little spikelets as a keepsake.

After a day like this, be sure to treat yourself to a delicious dinner at one of the great restaurants by the sea.



The perfect backdrop for a satisfying day

sculptures crafted by artists from 30 countries over a period of forty years.

The route will then take you through the picturesque olive groves to Seča above Portorož, where the Gramona farmhouse is located. It has been family-owned for four generations and is now run by Nina, a friendly hostess who will

Gramona products. Take time out for a walk along the olive groves overlooking the beautiful Sečovlje salt pans.

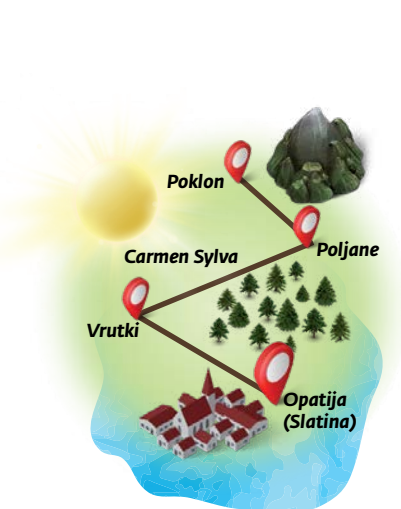
Afterwards, be prepared for something completely new - the peculiar world of cacti in Seča, which has become a real tourist attraction. There are as many as 1,500 cactus species in the collection,



The combination of sun, sea wind and microclimate of the salt pans give a unique flavour to the olives in this region.



The highest Istrian peak of Vojak offers a perfect view of the entire Kvarner Bay, Rijeka, Istria and the islands.



Učka safari

Centuries-old paths that have been walked by the 'dairy-women' will take you from Opatija to the hinterland, where you can explore the Učka slopes and taste all the delicious fruit of this region - honey, sweet chestnuts or 'maruni, wine and olive oil.

The centuries-old paths that connect locations on the Učka slopes with the centre of Opatija were paved by dairy-women - women who brought products from their households to the town market, such as cheeses, wine, milk, eggs or vegetables - to sell to Opatija's residents and wealthy guests. The Učka Safari will take you in the opposite direction, from the coast towards the top of Učka, to get to know not only the natural beauty but also the excellent local products that are made according to tradition, dating back to the times of the dairy-women.

The starting point is at Slatina, Opatija, just above the beach. From there, the hiking trail ascends to the Vrutki spring, well worth the attention of passers-by; on the opposite side of the famous Carmen Sylva forest promenade, it forks off towards the picturesque Poljane. If you stop in Poljane for a short break, visit the Perišić family estate, taste the olive oil and feed the fish in the small family lake. Before continuing the climb, get a strong boost from the honey of the Depoli family, at whose estate you can "mingle" with the bees and book an appointment to hang out in a very special tavern. In the autumn, this will be an opportunity to taste freshly picked sweet chestnuts or

maruni, a "speciality" from the Učka forests that grows only in this area.

Following refreshments, you will encounter the most demanding part of the road - the ascent to the Poklon pass, where you can have an excellent gastronomic experience at the Učka boarding house, or continue on to the highest Istrian peak of Vojak, which offers an amazing view of the entire Kvarner Bay, Rijeka, Istria and the islands.

Returning on foot will not be a problem during the summer, but due to the shorter days in winter, late autumn and early spring, it is recommended that you arrange in advance your return by car or bus from Poklon.

Before setting off on the Učka safari, you can find out more information about the highest Istrian mountain at the Tourist Information Centre in Slatina, near the departure point. Be sure to start your hike well-equipped: you will need quality shoes and comfortable multi-layered clothing due to the significant difference in temperature between land at sea level and on the mountain top. Don't forget to bring enough water and, depending on the season and weather conditions, a cap, windbreaker and raincoat, or sunglasses and sunscreen for the face.

The centuries-old paths along the mountain slopes were paved by dairy-women who brought products from their households to the town market, while at the same time, the route can take you in the opposite direction, all the way to the top of Učka



The Perišić family produces excellent olive oil!



The local honey of the Depoli family provides a real boost on the climb to the top of Učka

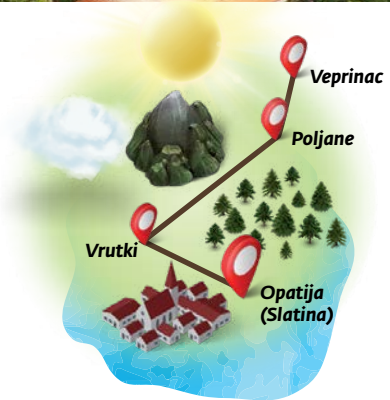




The journey to Veprinac will take you to the very heart of Opatija's history.

Health & Nature

From the crystal blue sea to the green slopes of the mountains, breathe in the fresh air of the healing climate and enjoy the diverse range of authentic products and stories of Opatija's hinterland.



The combination of sea and mountain influences has created a unique climate, and its beneficial health effects have attracted people

Opatija's unique climate, created by the combination of sea and mountain influences, has been recognized for its beneficial health effects for more than 175 years.



The beautiful lavender fields of the Šikić family are a source of inspiration for unique toys.



The Ukić family creates premium products - from teas to cosmetics - out of local Veprinac herbs

from all over the world to this town nestled between the mountain slopes and the waves of the sea for more than 175 years. Two shades of Opatija - the crystal blue sea and the mountain green - are connected by the Health & Nature route, which starts at Slatina, above the town's bathing site.

The path leads through the parks to the small waterfall Vrutki, where women once gathered to wash their clothes in the stream, and then continues on to Poljane. Keep yourself refreshed and meet "unusual pets" that are waiting for you at the Depoli family estate, where you can taste excellent products made from honey and visit the bee hotels, not to mention the Perišić family, who will help you to stock up on award-winning wines and olive oil, as well as feed the fish in a small pond. For a special experience of the local fauna, visit the Šikić family and

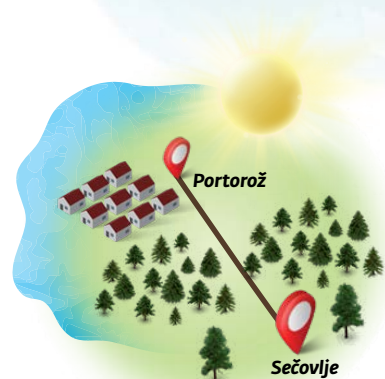
take a look at their lavender fields.

The road to Veprinac will take you to the heart of Opatija's history, and after a visit to the old town centre and ethno collection, take the opportunity to climb to the lookout in front of the Church of St. Mark with a fantastic view of the whole bay. Continue exploring the local particularities with the Ukić family, whose members know all about wild medicinal herbs, or in the Rumac family tavern filled with quality wines.

From Veprinac, take the old paths of the "dairy-women" and the Carmen Sylva forest promenade to descend to Volosko, a Croatian gastronomic mecca with numerous restaurants and taverns that nurture authentic Mediterranean cuisine along with local ingredients. After dinner at one of the Feel & Taste restaurants, a leisurely stroll along Lungomare will relax you after an exciting day in the countryside ahead of your wellness stay at your hotel.



Feel & Taste the Salt: Thalasso spa Lepa Vida



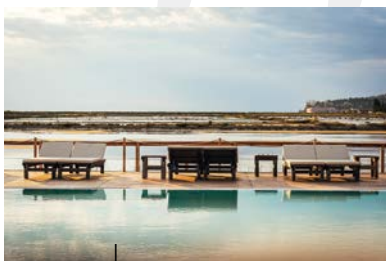
Start your day with a wellness treatment in salt mud, continue by discovering the beneficial effects for your body of prized olive oil and round off your experience with a romantic stroll through the olive groves overlooking the beautiful Sečovlje salt pans.

Visit the unique outdoor wellness centre, part of the Sečovlje Salina Nature Park. It is home to a centuries-old tradition of salt production that has created a unique salty landscape. New generations just added a touch of modernity to it - a centre for health, relaxation and creating a good mood.

Indulge in a special experience of traditional thalassotherapy in the midst of salt fields, with natural products manufactured in the Sečovlje salt pans. Did you know that salt water and salt mud have healing effects? Reward your body with salt mud, salt water, sea salt pilling or massage; strengthen your natural resistance and improve your wellbeing!

Feeling renewed, you can visit the Gramona family farm in Seča above Portorož, which will delight

The centuries-old tradition of salt production in the Sečovlje salt pans has created a unique landscape, its salt mud and salt water providing healing effects on the body.



Take time to relax in the wellness created by salt!



Salt water and salt mud have healing effects

you with its location and its own homemade products. Try the excellent, award-winning olive oil and tasting menu. Of course, you can also buy all their products - as a keepsake or as a gift for your loved ones.

At the captivating workshops

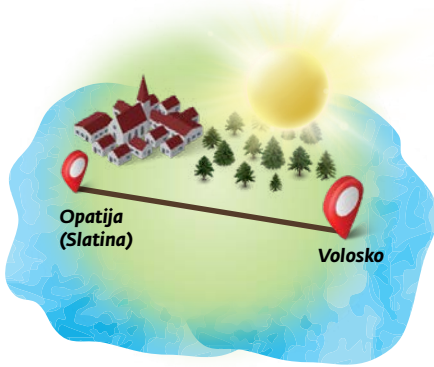
held on the use of olive oil for cosmetics, you will learn about new applications of these valued products, which in combination with other natural ingredients, have a beneficial effect on the skin, rejuvenating and protecting it from harmful UV rays. Finally, take the time to stroll through the olive groves. You will be delighted by the view of the gorgeous Sečovlje salt pans!

The finishing touch to a perfect day is a great dinner. Choose one of the many restaurants overlooking the sea and enjoy the delicious food and comfortable surroundings.



The products of the Gramona family farm enrich both body and soul





Discover the Stories of Lungomare Secrets of Lungomare

Opatija is well known for its long coastal promenade, and a stroll along it is a special experience for mind, body and soul, as well as an opportunity to explore the local culture, history and gastronomy.

A simple walk through Opatija is a special "wellness experience". Clean air, enriched with iodine and sea salt, is the perfect recipe for health recognized as far back as 130 years ago when Opatija received the title of royal health resort. A walk along the Lungomare coastal promenade completes the wellness experience with views of the bay and waves that break onto the grottoes (or small picturesque caves?) on one side and the Secession Villas built by famous Viennese architects on the other.

Start from Slatina towards Volosko and along the way, you will get to know the famous Opatija sights, such as the statue of the Maiden with the seagull - the indispensable backdrop of most tourist photographs – as well as the Angiolina Botanical Park and the villa of the same name at its centre. The villa, managed by the Croatian Museum of Tourism, is considered to

The clean air enriched with iodine and sea salt is the perfect recipe for health, recognized as far back as 130 years ago, when Opatija received the title of royal health resort.

be the "starting point" of Opatija's tourism story. It is the birthplace of Andrija Mohorovičić, a world-renowned scientist, whom the Volosko Interpretation Centre is dedicated to.

Due to its many top-quality catering establishments, Volosko is today the pinnacle of Croatian gastronomy, so do not miss the opportunity to taste exceptional Mediterranean cuisine based on fresh fish and local produce at any time of the year.

Apart from the taverns and restaurants that regularly win top marks in the selection of the best restaurateurs in Croatia, Volosko is also known as a place of culture. In its narrow streets and stone stairways, you will find numerous galleries and ateliers connected to artists such as the academic painter Claudio Frank, Snježana Boyd from Art Gallery Žana or award-winning musician and painter Vedran Ružić, who works as part of the Mala Soba atelier with four other young artists.

The main Volosko street is dominated by the monumental Church of St. Anne, which is located near two boutiques of homemade and organic products, Prokulica and Okus Kvarnera, which will supply you with local health food items. Go down any one of the Volosko stairways as all lead to the little port "mandrač" and the start of the coastal promenade that will take you back to Opatija.

Coastal promenade from Opatija to Volosko.



Due to numerous top-quality catering establishments, Volosko is today the pinnacle of Croatian gastronomy



It pays to explore the galleries and ateliers of renowned Volosko artists - Claudio Frank



Feel and Taste Olive Oil: The secrets of olive oil

The unique position of this region, the air filled with salt and the sunrays create special conditions for the cultivation of olives, from which the hardworking hands of several rural farms make fantastic oils. Try them all!

Olive oil is like wine - no two are alike. Each manufacturer has their own "note", and it's in this that the charm of tasting and combining lies.

Some oils are better for salad, some for fish and others as a base for everything else...

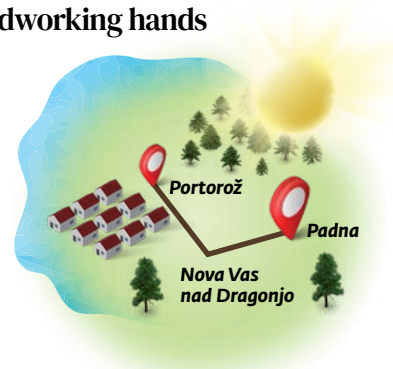


The local inn "Na Burji" provides a true "Feel & Taste" experience

The healing properties of olive oil are still not fully understood. We know its nutritional value, but we are yet to discover its protective properties for the human body. However, we do know that olive oil-based products have a beneficial effect on the skin. In combination with other natural ingredients, they rejuvenate and protect the skin from harmful UV rays.

More beauty secrets of olive oil will be revealed at the culinary and cosmetic workshop on the Gramona family farm - by tasting and sampling the products you can also buy. At the end of the visit, you can walk through the olive groves, where you will discover a breathtaking view of the Sečovelje salt pans.

Rich with new knowledge, continue to Nova Vas. At the local inn "Na Burji", a true gastronomic experience awaits. What the hosts will serve you and the way



they will prepare the meals is the highlight of the "Feel & Taste" experience.

After lunch, it is much easier to "go back down". Stop by the Pucer family winery, where you can try great local wine, and on to the Jerebica family for olive oil tasting. Olive oil is like wine - no two are alike. Each manufacturer has their own "note", and it's in this that the charm of tasting and combining lies. Some oils are better for salad, some for fish and others as a base for everything else...

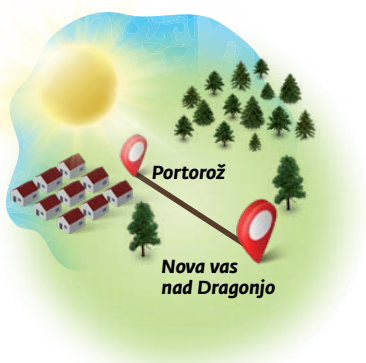
Continue to the picturesque village of Padna and explore the local olive oil refineries before discovering the legends about the olives of Albert Pucar. This is no ordinary tour. The visit to the Padnec family is also imbued with particular warmth. Here, even the oil tastes of a family atmosphere.

You only need the Grižon family oil to complete your oil collection. However, that will not be a problem, as we have now arrived in Padna. Along with a sightseeing tour of the church and the Gallery of Božidar Jakac, one of the most famous Slovenian painters and graphic artists, and a sip from the well that is said to replenish you, the end of this adventure is sure to be perfect.





Enjoying good food and great wine is the definition of a perfect day



Taste the Wines: A trip to the hinterland of Slovenian Istria

Malvasia Sinfonietta Marina, red Muscat, Muscat or Malvasia Pristna. And then some Refosco, white and red Bordeaux, Biancher, Momjan Muscat, Grey Pinot and much more. This is a true hedonistic trip!

A great choice for anyone who likes to get to know (new) wines. During the drive to Nova Vas over Dragonja, you will learn about the characteristics of the terrain where the malvasia grapevine thrives.



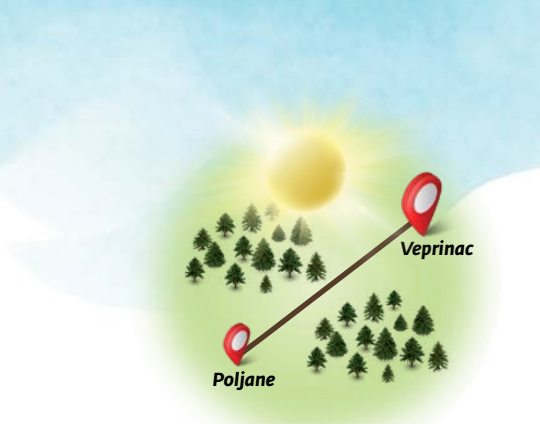
A great choice for anyone who likes to get to know (new) wines.

Your journey begins at the Pucer winery, but you should know that the winemaker Pucer from Vrh is a special person. The most important thing for him is the quality of the wine production; his own comfort comes second. You can taste his great wine standing by the wine barrel, in the garden or in the wine cellar - it doesn't matter where - it's only important to be in good company. Malvasia Sinfonietta Marina, red Muscat, Muscat or Malvasia Pristna are a great accompaniment to a chat. In the end, you simply have to try them one by one to pass on your wine experience to your friends.

If you think you know a lot about Slovenian wines now, prepare for a pleasant "shock": you are just getting started. At the Mahnič family farm in Dragonja, continue with Malvasia, Refosco, white and red Bordeaux, Bianchera, Momjan Muscat, Cypriot, Chardonnay, Pinot Noir... Let your hosts surprise you. It is important that you take enough time and arrange transportation back so that you can fully relax and indulge in wine tasting at the unique Mahnič family farm. So "Feel & Taste Wine." Just like that.

Two wineries will delight you with their perfect flavours. You simply have to try them one by one to pass on your wine experience to your friends.





The Veprinac ethno collection depicts the everyday life of this region from a hundred years ago

Taste the Hidden Hinterland

Excursion to the hinterland of Opatija

Poljane and Veprinac, two secluded spots in the Opatija hinterland, will lead you to undiscovered culinary delights. Taste the succulent sweet chestnuts or maruni, the great wine and olive oil, pure honey, local Betina biscuits and much more!

If Opatija is the Queen of the Adriatic, then the towns and villages in its hinterland are the jewels in its crown. The dense forests of sweet chestnuts or maruni, vineyards bathed in the Mediterranean sun, lavender fields, stone houses and old city walls, all enveloped in a historical and mystical aura, not to mention the fresh Učka air, await you. Need a better invitation?

forests and taste these sweet big chestnut "relatives". In the remaining seasons of the year in Poljane, you will have plenty of things to see and do - try the olive oil and wines on the Perišić family farm, which also houses a pond with little fish "pets"; try the honey and its products from the Depoli family and take a look at their bee hotel; or stroll through the lavender fields belonging

an ethno collection with numerous exhibits that depict the everyday life of the town from the turn of the 19th to the 20th century. You can also taste part of that history - the famous local Veprinac Betina biscuits - and get to know how they are made; the recipe is passed down from generation to generation. After visiting the Church of St. Mark and the lookout in front of it, offering a unique view of the bay, a walk through the "kostenji" chestnut forest in Plovanjski Dol will make the difference between a maruni chestnut, a kostenji chestnut and the more common chestnut much clearer. Visit the Ukić family and get to know the wild herbs of this area, learn about *veprina* and what its medicinal properties are, as well as where the town got its name from. Before returning to Opatija, taste the award-winning wines of the Rumac family in an authentic seaside tavern.



The dense forests of sweet chestnuts or maruni, vineyards bathed in the Mediterranean sun, lavender fields, stone houses and old city walls, enveloped in a historical and mystical aura, not to mention the fresh Učka air, await you.

The old town of Veprinac has been guarding Opatija for centuries

The discovery of this "magical garden", whose local products have nourished generations of Opatija residents and forever remained in the memories of numerous visitors to the city, begins in picturesque Poljane, a place dominated by the Church of St. Peter. If you find yourself here in late summer or early autumn, be sure to take the opportunity to visit the "maruni"

of the Šikić family... The next stop on your path to the hidden charms of the Opatija hinterland is the town of Veprinac, which for more than a thousand years has been guarding Opatija and in which, besides strolling through the stone pebble-paved old town, you can end up in a "pržun" or dungeon. The prison is located in Komunščica, a former administrative building that today houses

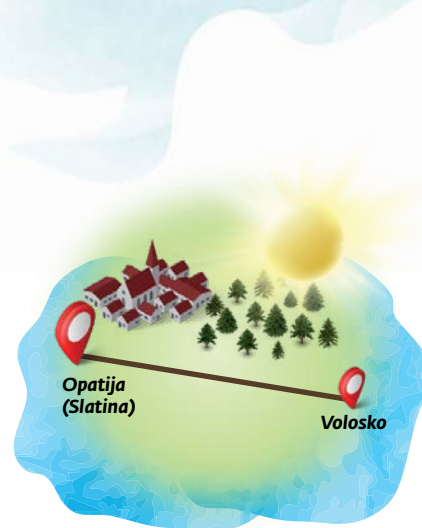


Authentic flavours in an authentic space - the Rumac family tavern





Top-quality restaurants are just a few steps away from the port, where freshly caught fish arrive each morning.



Volosko Sea Food Safari: The Volosko gastronomic journey

The sea and its fruits in Volosko are a “way of life”. A place that grew around a little port - the “mandrač” - was transformed from a fishing village into a gastronomic mecca. You should get to know the sea before you taste its fruits...

If you like fish and seafood, Volosko is the perfect destination for you. The old fishing village, for centuries connected to the sea, has been transformed into one of the most exciting gastronomic scenes in Croatia, known for its fantastic seafood dishes. Top-quality restaurants and authentic taverns are located just steps away from the mandrač, a port where at dawn the boats of fishermen arrive with the night's catch of fish that will end up on a menu only a few hours later. You will be able to witness the journey from the sea to the table for yourself...

If you arrive in Volosko in the afternoon, take the evening for a leisurely stroll by the sea, along the lungomare to romantic Opatija, before taking a sweet bite in the chocolate factory Milenij Chocco Svijet (Millennium Chocco world). The chocolate rhapsody will give you the energy you need for an exciting day ahead. In the morning, upon agreement with the hotel or accommodation manager, you will be able to go to the mandrač, “decorated” with its typical fish nets on dryers and moored boats, before enjoying the opportunity to try cleaning the freshly caught fish in the traditional way, at a slipway in the port.

While waiting for your seafood, take a stroll through Volosko's narrow streets and stone stairways, take in the Mediterranean

atmosphere under the crowded rooftops, and visit the Church of St. Anne on the main street. After tasting the homemade and organic products in health food shops Prokulica and Okus Kvarnera, treat yourself to coffee and cake at the famous cake shop “Kaokakao”.



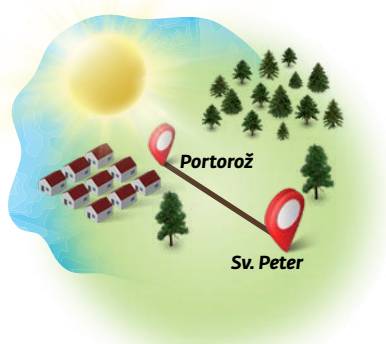
Explore the Mediterranean atmosphere in the narrow Volosko streets and stairways.

Volosko is also known for its rich culture, so visit the ateliers of artists such as the academic painter Claudio Frank, Snježana Boyd from Art Gallery Žana, or award-winning musician and painter Vedran Ružić, who works as part of the Mala Soba Atelier with four other young artists. Yet don't ignore science! After all, this is the birthplace of Andrija Mohorovičić, a scientist of worldwide fame, to whom the Volosko Interpretation MOHO Center is dedicated.

The grand finale of a day filled with tantalizing tastes and colorful images is just waiting for you, because upon your return to the hotel you will indulge in a dinner of freshly caught fish prepared according to the kitchen chef's recipe and discover why Volosko's memories never fade...



Treat yourself to coffee and cake at the famous cake shop “Kaokakao”.



Taste the Wines: A wine story

It starts the moment you look towards the hills in the hinterland from the seashore. The story of Istrian wine. On the sun-lit slopes, the best variety of vine thrives and provides excellent fruit. They used to say that there is strength in wine. For a half-day of physical activity in the vineyard, a litre of black "bevanda" and a piece of homemade bread with a few

They used to say that there is strength in wine. For a half-day of physical activity in the vineyard, a litre of black "bevanda" and a piece of homemade bread with a few drops of olive oil were enough. Go on a quest to discover the perfect "glass of strength".



Accompany your lunch prepared with local specialties at the inn "Na Burji" with some good wine.



The House of Kapeluča provides a picture of how life used to be in this region

drops of olive oil were enough.

After experiencing the historical, economic and cultural importance of wine in this area, you can sample its delicious nectar from ripe grapes.

Time to head from Portorož towards St. Peter...

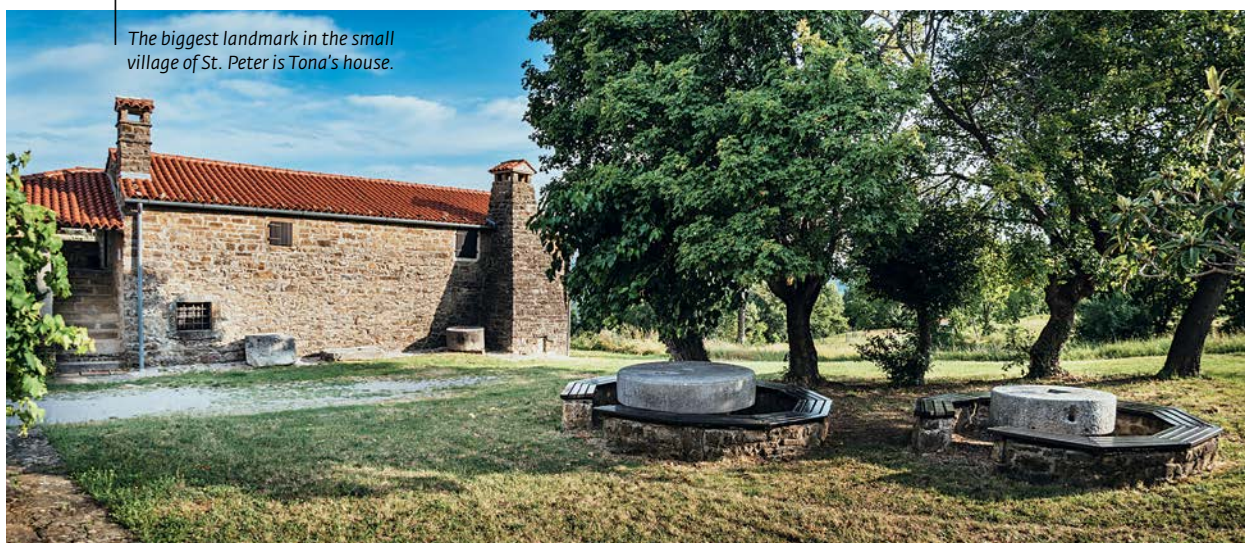
The biggest landmark in the small village of St. Peter is Tona's house, a traditional Istrian stone house that today serves as an ethnological museum. It was named after the local owner Antonia Gorela, who was its last owner. Besides the authentic architecture, it also shows how the people of the area lived from the turn of the 19th to the early 20th century. You will also grow acquainted with the historical role of

female traders called Šavrinke and see how the olive press or torkola works. While walking around the house, you will also come across Tonina Gorel's preserved personal items.

Accompany your lunch prepared with local specialties at the inn "Na Burji" with some good wine. Take the opportunity to taste the excellent wines of renowned winemaker Pucera from Vrh. Try its Malvasia, with its distinctive peach and apricot flavour!

Finally, the Legend of Istrian Garlic and a tour of the stone House of Kapeluča, which houses an ethnological collection of items from everyday life, will complete the image of wine that once softened the hard life of the area's inhabitants.

After experiencing the historical, economic and cultural importance of wine in this area, you can sample its delicious nectar from ripe grapes.



The biggest landmark in the small village of St. Peter is Tona's house.

Opatija Tourist Board**Tourist Information Center**

Ulica m. Tita 128, 51410 Opatija, Croatia

Tel: +385(0)51 271 310

tic@visitOpatija.com

info@visitOpatija.com

www.visitOpatija.com

City of Opatija

M. Tita 3, 51410 Opatija, Croatia

Tel: +385(0)51 680 116

grad.opatija@opatija.hr

www.opatija.hr

**Učka Nature Park Public Institution**

Lovran, Liganj 42, 51414 Ičići

+385(0)51 293 753

info@pp-učka.hr

www.pp-učka.hr

**Family farm Maliki**

Mala Učka, Gornje selo Pilati 5

51414 Ičići

Available on weekends from May 1 to

September 1

+385(0) 91 578 6481

resul.maliki@gmail.com

Portorož Tourist Board e.i.g.**Tourist Information Center**

Obala 16, 6320 Portorož, Slovenia

Tel: +386(0)5 674 22 20

ticpo@portoroz.si

info@portoroz.si

www.portoroz.si

Municipality of Piran

Tartinijev trg 2, 6330 Piran, Slovenia

Tel: +386(0)5 671 03 00

Obcina.piran@piran.si

www.piran.si

**Public Institute Strunjan Landscape Park**

Strunjan 152, 6320 Portorož

+386(0) 8 205 18 80

info@parkstrunjan.si

www.parkstrunjan.si

**Sečovelje Salina Natural Park**

Parecag 301

6333 Sečovelje

+386(0) 5 672 13 30; +386(0) 51 233 000

+386(0) 31 742 533

vodeni.ogledi@soline.si

www.kpss.si



Family farm Aldo Santo Pulić

Učka, Vela Učka 10

51414 Ičići

Available on weekends throughout the year
+385(0)91 271 8038



Restaurant pansion Učka

Učka, Vela Učka bb

51414 Ičići

+385(0)51 516 899

restoran.pansion.ucka@gmail.com



Ethno Collection, Veprinac

Veprinac, Stari grad 5

51414 Ičići

Available from 15. 5. to 1. 10. Mon, Wed, Fri,
Sat, Sun; 9 am – 1 pm and 5 pm – 10 pm
+385(0)98 258 363
zorica.sergo@ri.ht.hr

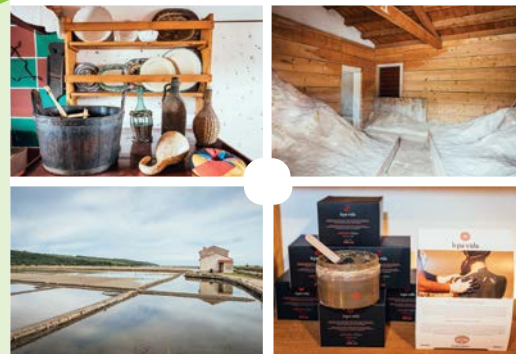


The house of Kapeluča

Nova vas nad Dragonjo 48

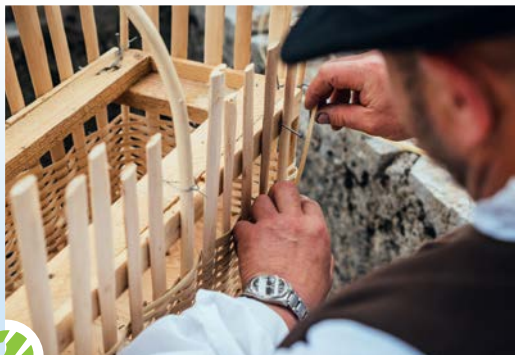
6333 Sečovelje

+386(0) 5 672 55 64



Maritime Museum Piran

"Sergej Mašera" Maritime Museum Piran,
Museum of Salt Making in Sečovelje Saline
Natural Park, "Tona's house" at Sv. Peter
Cankarjevo nabrežje 3
6330 Piran
+386(0) 5 671 00 40
booking.pommuz@pommuz-pi.si
muzej@pommuz-pi.si
www.pomorskimuzej.si



Family farm Rumac

Poljane, Mačuki 1, 51414 Ičići

Available on weekends throughout the year with previous announcement the day before.

+385(0)98 969 1067

agroeno.demetra@gmail.com



Handicraft business Veprina 519 (Ukić)

Veprinac, Tumpići 16, 51414 Ičići

Available on weekends throughout the year for groups of upto 8 people.

+385(0)98 305 395 / 051 299 288

rajko.ukic@3tcable.hr / www.veprina.info



Family farm Perišić

Poljane, Sv. Petar 22, 51414 Ičići

Available on weekends throughout the year

+385(0)98 903 7944

nediperisic@gmail.com



Garden of cacti, Seča

Seča 143 b

6320 Portorož

+386(0) 31 670 510



Gramona Farm

Seča 179 a

6320 Portorož

+386(0) 40 235 595

info@gramonafarm.com

www.gramona.com



Munda Farm

Liminjan 14, 6320 Portorož

+386(0) 41 665 257

vlado.munda@gmail.com

www.munda.com



Lavanda

Poljane, Aničići 170

51414 Ičići

Available on weekends throughout the year

+385(0)91 578 7806

senka.sikic@gmail.com



Family farm Depoli

Poljane, Jakusi 19

51414 Ičići

Available on weekends throughout the year

+385(0)91 359 8932

opg.depoli@gmail.com



Milenij Choco World

Opatija, Maršala Tita 85

51410 Opatija

+385(0)51 278 007

www.amadriapark.com



Olive farm Jerebica

Nova vas nad Dragonjo 62

6333 Sečovlje

+386(0) 40 370 226

info@oljka.net

www.oljka.com



Olive oil Padnjec

Padna 53, 6333 Sečovlje

+386(0) 31 496 718; +386(0) 41 273 355;

+386(0) 41 718 133, padnjec@gmail.com

www.padnjec.com



Winery Pucer z Vrha

Nova vas nad Dragonjo 60a, 6333 Sečovlje

+386(0) 41 651 617; +386(0) 40 899 219

info@puцерzvrha.si

www.pucerzvrha.si


Health food store Prokulica

Volosko, Andrije Štangera 53
51410 Opatija
+385(0)91 910 8680
andreja.ratkovic@ri.t-com.hr


Taste of Kvarner

Volosko, Andrije Štangera 46
51410 Opatija
+385(0)98 981 8334
m1d1klemenc@gmail.com


Pastry shop Kaokakao

Volosko, Andrije Štangera 44
51410 Opatija
+385(0)51 701 217
info@kaokakao.hr


Fonda Fish Farm

Seča 142
6320 Portorož
+386(0) 51 605 605
info@fonda.si
www.fonda.si


Mahnič Family Restaurant

Dragonja 111
6333 Sečovelje
+386(0) 41 642 851
mahing@siol.net
www.kmetija-mahnic.com


Na Burji Restaurant

Nova vas nad Dragonjo 57, 6333 Sečovelje
+386(0) 41 284 030 / naburji@gmail.com
www.portoroz.si/si/search-object-
page/4495-gostilna-na-burji



Small tavern Skalinada

Volosko, Put uz Dol 17
51410 Opatija
+385(0)51 701 109
skalinada@skalinada.net
www.skalinada.net



Idila Restaurant

Padna 1
6333 Sečovlje
+386(0) 5 672 50 24
ideilagtt@gmail.com
www.idila.org



Atelier Claudio Frank

Volosko, Andrije Štangera 24
51410 Opatija
+385(0)51 701 530



**Interpretation Centre of
Dr Andrija Mohorovičić
MOHO centar**

51410 Opatija
Andrije Štangera 48



Gallery – Atelier Žana

Volosko, Andrije Štangera 55a
51410 Opatija
+385(0)91 260 8111
zana@magnet-net.eu



Mala soba Atelier

Volosko, Andrije Štangera 43, 51410 Opatija
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vedran.ruzic1@gmail.com
www.vedranruzic.com



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FEEL & TASTE 

